

1. Record Nr.	UNINA9910554835303321
Titolo	Handbook of sport psychology // edited by Gershon Tenenbaum and Robert C. Eklund
Pubbl/distr/stampa	Hoboken, N.J., : Wiley, 2020
ISBN	9781119568056 1119568056 9781119568087 1119568080 9781119568124 1119568129
Edizione	[4th ed.]
Descrizione fisica	1 online resource (2 vol.) : ill
Altri autori (Persone)	TenenbaumGershon EklundRobert C <1958-> (Robert Charles)
Disciplina	796.01
Soggetti	Sports - Psychological aspects Sports - Research
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Volume 1: Social Perspectives, Cognition, and Applications -- Part 1: Motivation -- 1. Theory of planned behavior / Mark Conner -- 2. Putting individual motivations into the societal context: The influence of social stereotypes in the physical activity domain / Aina Chalabaev & Philippe Sarrazin -- 3. Self-determination theory in sport and exercise / Martyn Standage -- 4. Efficacy beliefs in physical activity settings: Contemporary debate and unanswered questions / Ben Jackson, Mark R. Beauchamp, & James A. Dimmock -- Part 2: Individual Differences -- 5. Genetics and motor performance / Sigal Ben-Zaken -- 6. Mental toughness: Taking stock and considering new horizons / Daniel Gucciardi -- 7. Perfectionism in sport, dance, and exercise: An extended review and reanalysis / Andrew P. Hill, Sarah H. Mallinson-Howard, Daniel J. Madigan, & Gareth E. Jowett -- 8. Self-compassion in sport and exercise / Amber Mosewich -- 9. High-risk sports / Tim Woodman, Lew Hardy, & Matthew Barlow -- 10. Self-presentation in sport and exercise / James A. Dimmock, Timothy C. Howle & Ben

Jackson -- 11. Theory and research in passion for sport and exercise / Robert Vallerand & Jérémie Verner-Filion -- Part 3: Emotions -- 12. Affect responses to exercise / Panteleimon Ekkekakis, Mark E. Hartman, & Matthew A. Ladwig -- 13. Emotions and sport performance / Christopher M. Janelle, Bradley J. Fawver, & Garrett F. Beatty -- 14. Self-conscious emotions in sport and exercise / Catherine M. Sabiston, Eva Pila, & Jenna D. Gilchrist -- Part 4: The self and the Team -- 15. Psychology of group dynamics: Key considerations and recent developments / Mark R. Beauchamp, Desmond McEwan, Colin M. Wierts -- 16. Leadership in Sport / Calum A. Arthur & Nicolas Bastardoz -- 17. Köhler effect and social comparison: Performance in teams with real and virtual partners / Deborah L. Feltz & Christopher Hill -- 18. Moral behavior in sport: Reviewing recent research and envisioning a possible future / Ian D. Boardley -- 19. Peers and the sport experience / Alan L. Smith & Sarah Ullrich-French -- 20. Positive youth development through sport / Nicholas L. Holt, Colin J. Deal, & Kurtis Pankow -- 21. Social support in sport / Paul Freeman -- Part 5: Cognition and Expertise -- 22. Expertise in sport: The state of the art / David W. Eccles -- 23. The cognitive and affective neuroscience of superior athletic performance / Bradley D. Hatfield, Kyle Jaquess, Li-Chuan Lo, Hyuk Oh -- 24. Mental representation in action – a cognitive architecture approach / Thomas Schack -- 25. Cognition, emotion and action in sport: An ecological dynamics perspective / Duarte Araújo, Keith Davids, & Ian Renshaw -- 26. New perspectives on deliberate practice and the development of sport expertise / Joseph Baker, Bradley W. Young, Rafael A.B. Tedesqui, & Lindsay McCardle -- 27. Early sport specialization and sampling / Jean Côté, Veronica Allan, Jennifer Turnnidge, & Karl Erickson -- 28. Attentional theories of choking under pressure revisited / Rob Gray -- 29. Team mental models: Theory, empirical evidence, and applied implications / Edson Filho & Gershon Tenenbaum -- 30. Creativity: The emergence of a new dimension of sport expertise / Véronique Richard & Mark A. Runco -- Part 6: Interventions and Performance Enhancement -- 31. Optimizing attentional focus / Gabriele Wulf & Rebecca Lewthwaite -- 32. Using brain technologies in practice / Maurizio Bertollo, Michael Doppeldmyr, & Claudio Robazza -- 33. Eating disorders in sport: From etiology to prevention / Trent A. Petrie -- 34. Sport injuries and psychological sequelae / Diane Wiese-Bjornstal, Kristin N. Wood, & Joseph R. Kronzer -- 35. Mindfulness in sport contexts / Frank L. Gardner & Zella E. Moore -- 36. Ethical issues impacting the profession of sport psychology / Jack C. Watson II, Brandon S. Harris, & Patrick Baillie -- Volume 2: Exercise, Methodologies, & Special Topics -- Part 7: Exercise as a Medicine -- 37. Physical activity promotion / Barbara E. Ainsworth, & Cheryle Der Ananian -- 38. Chronic exercise and cognitive function: A historical view – Jennifer L. Etner, Chang Yu Kai, & Feng-Tzu Chen -- 39. Brain changes in response to exercise / Karen Zentgraf & Fabian Helm -- 40. The unique contribution of physical activity to successful cognitive aging / Caterina Pesce & Claudia Voelcker-Rehage -- 41. Exercise and multiple sclerosis: Benefits, participation rates, determinants and opportunities / Robert W. Motl, Katie L. Cederberg, Brian M. Sandroff -- 42. The effects of exercise on anxiety and depression / Shawn M. Arent, Alan J. Walker, & Michelle A. Arent -- 43. Physical activity and recovery from breast cancer / Meghan H. McDonough & Nichole Culos-Reed -- Part 8: Exercise engagement and effort -- 44. Progression of motivation models in exercise science: Where we have been and where we are heading? / Amanda L. Rebar and Ryan E. Rhodes -- 45. Music-related interventions in the exercise domain: A theory-based approach / Costas I. Karageorghis -- 46.

Perceived exertion – Dynamic psychobiological model of exercise-induced fatigue / Natàlia Balagué, Robert Hristovski, & Sergi García-Retortillo -- 47. The automatic basis of exercise behavior: Do you like exercising? / Ralf Brand & Franziska Antoniewicz -- 48. Habit in Exercise behavior / Amanda L. Rebar, Benjamin Gardner, & Bas Verplanken -- Part 9: Measurement & Methodologies -- 49. Qualitative research / Brett Smith & Andrew C. Sparks -- 50. Doing SEM bayesian-style: New opportunities for sport and exercise psychology / Cameron N. McIntosh -- 51. Modern factor analytic techniques: Bifactor models, exploratory structural equation modeling (ESEM) and bifactor-ESEM / Alexandre J.S. Morin, Nicholas D. Myers, & Seungmin Lee -- 52. Multilevel designs and modeling in sport and exercise psychology: Riding the current wave and looking beyond at the horizon / Patrick Gaudreau, Benjamin Schellenberg, & Alexandre Gareau -- 53. Case study approaches in sport and exercise psychology / Stewart T. Cotterill -- Part 10: Special Topics -- 54. Performance psychology: A guiding framework for sport psychology / Markus Raab55. Gender and culture / Diane L. Gill -- 56. Disability and sport psychology / Jeffrey Martin, Michelle Guerrero, & Erin Snapp -- 57. Performance and appearance enhancing drug use in sports: A psychological perspective / Lambos Lazuras & Vassilis Barkoukis -- 58. Psychological aspects in sport concussions / Semyon M. Slobounov & Alexa Walter -- 59. Body language in sport / Philip Furley & Geoffrey Schweizer -- 60. Athlete Burnout / Robert Eklund & J.D. DeFreese -- Index.

---

#### Sommario/riassunto

The fourth edition of a classic, leading resource for the field of sport, exercise, and performance psychology. Now expanded to two volumes, and featuring a wealth of new chapters from highly respected scholars in the field, this all-new edition of the Handbook of Sports Psychology draws on an international roster of experts and scholars in the field who have assembled state-of-the-art knowledge into this thorough, well-rounded, and accessible volume. Endorsed by the International Society of Sport Psychology, it represents an invaluable source of theoretical and practical information on our understanding of the role of psychology in sport, exercise, and performance - and how that understanding can be applied in order to improve real-world outcomes. Presented in eight parts, the Handbook of Sports Psychology, 4th edition adds new material on emerging areas such as mindfulness, brain mapping, self-consciousness, and mental toughness, and covers special topics such as gender and cultural diversity, athletes with disabilities, and alcohol and drug use in sports. In addition, it covers classic topics such as what motivates an athlete to perform; why do some choke under pressure; how do top performers handle leadership roles; what does one do to mentally train; how an athlete deals with injury; and much more. Fourth edition of the most influential reference work for the field of sport psychology; New coverage includes mindfulness in sport and exercise psychology, ethics, mental toughness, sport socialization, and making use of brain technologies in practice. Endorsed by the International Society of Sport Psychology (ISSP) Handbook of Sports Psychology, 4th edition is an indispensable resource for any student or professional interested in the field of sports psychology.

---