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Sommario/riassunto	In Manhood Impossible, Scott Melzer argues that boys' and men's bodies and breadwinner status are the two primary sites for their expression of control. Controlling selves and others, and resisting being dominated and controlled is most connected to men's bodies and work. However, no man can live up to these culturally ascendant ideals of manhood. The strategies men use to manage unmet expectations often prove toxic, not only for men themselves, but also for other men, women, and society. Melzer strategically explores the lives of four groups of adult men struggling with contemporary body and breadwinner ideals. These case studies uncover men's struggles to achieve and maintain manhood, and redefine what it means to be a man.

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