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Nota di contenuto	Intro -- Foreword -- Preface -- Contents -- 1: The Clinician's Subjective Feeling in Psychiatric Diagnosis: A Historical Excursus -- 1.1 Introduction -- 1.2 The first Half of the 1900s: Empathy, Intuition, and Feeling -- 1.2.1 Karl Jaspers -- 1.2.2 Elmer Ernest Southard -- 1.2.3 Ludwig Binswanger -- 1.2.4 Eugène Minkowski -- 1.2.5 Henricus Cornelius Rümke -- 1.2.6 Jakob Wyrsch -- 1.3 From 1950 to the Early 2000s: Atmosphere and Intersubjectivity -- 1.3.1 Hubertus Tellenbach -- 1.3.2 Bin Kimura -- 1.3.3 Wolfgang Blankenburg -- 1.3.4 Bruno Callieri -- 1.4 Conclusions -- References -- 2: The Psychiatric Assessment: First Person, Second Person, and Third Person Perspectives -- 2.1 Introduction -- 2.2 Positivistic or Third Person Approach -- 2.3 Phenomenological or First Person Approach -- 2.4 Hermeneutic or Second Person Approach -- 2.5 Conclusion -- References -- 3: A Cookbook Recipe for the Clinical and Phenomenologically Informed, Semi-structured Diagnostic Interview -- 3.1 Introduction -- 3.2 The Style of the Clinical Diagnostic Interview -- 3.2.1 The Empathic Attitude -- 3.2.2 The

Format of the Interview -- 3.2.3 Diagnoses, Diagnostic Manuals, and Comorbidity -- 3.3 Conducting the Clinical Diagnostic Interview -- 3.3.1 The Presenting Complaint(s) -- 3.3.2 The Chronological, Psychosocial History -- 3.3.3 Exploring Psychopathology -- 3.4 Synthesizing the Information: Making a Comprehensive Diagnostic Decision -- References -- 4: The Distinction Between Second-Person and Third-Person Relations and Its Relevance for the Psychiatric Diagnostic Interview -- 4.1 Introduction -- 4.2 The Psychiatric Diagnostic Interview -- 4.3 Spectatorial Observation, Engagement, and Openness: "Where Has 'You' Gone?" -- 4.4 Reciprocity and Communication -- 4.5 Back to the Diagnostic Interview: What Kind of Methodological Pluralism? -- 4.6 Concluding Remarks -- References -- 5: Understanding Other Persons. A Guide for the Perplexed -- 5.1 Introduction -- 5.2 A Priori Understanding Others in a Shared Life-World -- 5.3 Second-Order Understanding -- 5.4 Understanding Others in the Psychotherapeutic Setting -- 5.5 Why Understanding? -- References -- 6: Intersubjectivity and Neuroscience in the Diagnostic Process -- 6.1 Attempts at Neurobiological Explanation of "Objective" Psychiatric Disorders and Symptoms -- 6.2 The Intersubjective Construction of Mental Symptoms in Clinical Practice -- 6.3 The Neuroscientific Study of First-Person, "Lived" Experience -- 6.4 The Neuroscientific Study of Intersubjective Experience: The Case of Empathy -- 6.5 Discussion -- References -- 7: Origin and Development of the Assessment of Clinician's Subjective Experience (ACSE) -- 7.1 Introduction -- 7.2 Background and Development -- 7.2.1 Clinical and Theoretical Foundations -- 7.2.2 Current Empirical Evidence About the Clinician's Subjective Experience -- 7.2.2.1 The Praecox Feeling in the Diagnosis of Schizophrenia -- 7.2.2.2 Psychometric Scales Measuring the Therapist's Countertransference -- 7.2.3 Development of the Preliminary Questionnaire -- 7.3 The Assessment of Clinician's Subjective Experience (ACSE) -- 7.3.1 Validation of the Preliminary Questionnaire -- 7.3.1.1 Methods -- 7.3.1.2 Results -- Factor Structure -- Reliability and Convergent Validity of the Scales -- 7.3.2 A Five-Dimensional Profile of the Clinician's Subjective Experience -- 7.4 Final Reflections -- Appendix -- References -- 8: Evidence Supporting a Role for the Intersubjective Dimension in the Clinical Encounter: Empirical Findings from ACSE Research -- 8.1 Introduction -- 8.2 ACSE Dimensions and the Clinical Encounter: A Detailed Review -- 8.2.1 Tension -- 8.2.2 Difficulty in Attunement -- 8.2.3 Engagement -- 8.2.4 Disconfirmation -- 8.2.5 Impotence -- 8.3 Clinical Significance of the ACSE Profiles -- 8.3.1 ACSE Profiles as a Potential Contribution to Differential Diagnosis -- 8.3.2 The Paradigm of Praecox Feeling Examined Through the ACSE Lens -- 8.3.3 The ACSE in Psychotherapeutic Settings -- 8.4 Conclusions -- References -- 9: Clinical Judgment of Schizophrenia: Praecox Feeling and the Bizarreness of Contact-Open Controversies -- 9.1 Praecox Feeling as an Expert Judgment -- 9.2 The Conceptual History of the Praecox Feeling -- 9.3 Empirical Evidence -- 9.4 On the Phenomenological Givenness of the Praecox Feeling -- 9.5 Conclusions -- References -- 10: The Diagnostic Use of Countertransference in Psychodynamic Practice -- 10.1 The Origins of Countertransference -- 10.2 The Rediscovery of Countertransference -- 10.3 The Relational and Intersubjective Turn of Countertransference -- 10.4 Countertransference and Psychodynamic Diagnosis -- 10.5 Conclusion -- References -- 11: A Cognitive Therapy Perspective on Therapists' Feelings

and Interpersonal Processes -- 11.1 Introduction -- 11.2 Experience-Centred Post-rationalist Cognitive Psychotherapy -- 11.3 Clinical Aspects of Personal Meaning Organisations -- 11.4 Building the Therapeutic Alliance and Working with Emotions in Experience-Centred Post-rationalist Cognitive Psychotherapy -- 11.5 A Pilot Study of the Therapist's Emotional Reaction to Features of Personal Meaning Organisation During the Early Phase of Therapy -- 11.5.1 Methods -- 11.5.2 Results -- 11.5.3 Conclusions -- 11.6 Clinicians' Management of Their Own Emotions Throughout Therapy to Maintain Effective Working Alliances -- 11.7 Metacognition -- 11.8 The Problematic Nature of Interpersonal Cycles -- 11.9 Inner Discipline Procedures -- 11.10 Sharing Interventions -- 11.11 Overall Conclusions.
References -- 12: The Clinician and the Human Side of Mental Illness -- References -- 13: Mental Illness as a Pathology of Intersubjectivity -- 13.1 Introduction -- 13.2 Psychiatry as Science of Humanity -- 13.3 The Italian School of Phenomenological Psychopathology -- 13.3.1 Aldo Masullo: The Contribution of the Philosophy of Life -- 13.3.2 Bruno Callieri: A Life for Psychopathology -- 13.3.2.1 The Lived Experience of the Encounter: Body to Body -- 13.3.2.2 Understanding the Ineffable Failure of the Encounter -- 13.4 Intersubjectivity and Therapy -- 13.4.1 Being-Between: The Human as an Unexpected Encounter and Event -- 13.4.2 The Pathic Way to Care: The We-ness-in-Loving -- 13.4.2.1 Dasein-Group Analysis -- 13.5 Conclusion: Toward a Psychiatry on a Human Scale -- References.

Sommario/riassunto

The vast majority of mental health clinicians and researchers rely on diagnostic systems based on operational criteria. However, in their everyday practice, many clinicians also pay attention to their own feelings or intuitions about the patient. For an even greater number of clinicians, this process may occur inadvertently. Scholars from various fields are increasingly stressing the importance of complementing the emphasis on operational criteria with thoughtful attention to the subjective and intersubjective elements involved in a thorough psychopathological evaluation. This book aims at capturing the essence, implications and full potential of the clinician's subjective experience in the diagnosis and treatment of mental disorders. It gathers contributions from several different disciplines, such as phenomenology, neuroscience, the cognitive sciences, and psychoanalysis. It also presents the development, validation, and clinical application of a psychometric instrument that reliably investigates the clinician's feelings, thoughts, and perceptions related to the clinical encounter.
