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| Nota di contenuto | Cover Contents Acknowledgments About the Author Introduction Part I - Enhancing Relationships Chapter 1 - Emotional Links Chapter 2 - Metaphors Chapter 3 - Rules, Guidelines, and Agreements Chapter 4 - Choice Chapter 5 - Stress Reduction Chapter 6 - Put-Ups Chapter 7 - Breathing Techniques Chapter 8 - Relaxation Chapter 9 - Eliminating Extrinsic Rewards Chapter 10 - Punishment and Consequences Part II - Developing Patterns and Coherence Chapter 11 - Contamination Chapter 12 - Cycles of Concentration Chapter 13 - State-Changes Chapter 14 - Crossovers Chapter 15 - Improving Memory Links Chapter 18 - Elaboration Chapter 19 - Repetition Chapter 20 - Themes Part III - Promoting Understanding Chapter 21 - Input Through Learning Styles Chapter 22 - Learning Preferences Chapter 23 - Multiple Intelligences Chapter 24 - Motivators Chapter 25 - Four Great Questions Chapter 26 - WIIFM Chapter 27 - Pulling Your Own |

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| | Strings Chapter 28 - Goal Setting Chapter 29 - My affirmations Chapter 30 - Overviews Part IV - Putting It All Together Chapter 31 - Framing Chapter 32 - Prewiring Chapter 33 - Loops Chapter 34 - Feedback Chapter 35 - Mind Maps and Mindscapes Chapter 36 - Reflection Chapter 37 - Lo, Mo, and Ho Questions Chapter 38 - Inclusive Responses Chapter 39 - Response Time Chapter 40 - Hands-Free: An Obligation to Answer Conclusion Suggested Reading References Index. |
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| Sommario/riassunto | This guide converts current findings on brain research into fun and effective techniques for introducing brain-compatible learning and improving test results in the K-12 classroom. |