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| Titolo | Transforming trauma : resilience and healing through our connections with animals // edited by Philip Tedeschi and Molly Anne Jenkins ; foreword by Dr. Bruce D. Perry |
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| Descrizione fisica | 1 online resource (xiv, 496 pages) : illustrations |
| Collana | New directions in the human-animal bond |
| Disciplina | 615.85158 |
| Soggetti | Animals - Therapeutic use Psychic trauma - Treatment |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Includes index. |
| Sommario/riassunto | "This book focuses on research developments, models, and practical applications of animal-assisted interventions for diverse populations who have experienced trauma. Physiological and psychological trauma is explored across three broad areas: 1) child maltreatment and family violence; 2) acute and post-traumatic stress, including that which is associated with military service, war, and developmental trauma; and 3) times of crisis, such as natural disasters and the ever-increasing risks associated with climate change, community violence, terrorism, and periods of personal loss and grief. Contributing authors, who include both national and international experts in the fields of human-animal connection and trauma, discuss how our relationships with animals can help build resiliency and foster healing to transform trauma and trauma response." |