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Sommario/riassunto	Body Image in Eating Disorders explores issues relating to the prevention, clinical diagnosis and psychological treatment of distortions of body image in eating disorders. It presents a multifactorial model of indicators for diagnosis and treatment, considering psychological, socio-cultural and family indicators. Based on original empirical research with women and girls suffering from eating disorders, the book draws attention to limitations and dilemmas related to psychological diagnosis and treatment of people with eating disorders; including anorexia readiness syndrome, bulimia and bigorexia. The book proposes an integrative psychodynamic approach to the diagnosis and treatment of body image disorders and presents case studies illustrating examples of application of integration of psychodynamic therapy and psychodrama in psychological treatment of young people suffering from eating disorders. It considers risk-factors including abnormal body image for the development of eating disorders and argues that psychological diagnosis of the body image is an important factor in determining the right direction of psychological treatment for people with eating disorders. Drawing on theoretical

foundations and evidence-based clinical practice, the book will be of great interest to researchers, academics and students in the fields of clinical and applied psychology, mental health and specialists in eating disorders.
