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Nota di contenuto	Part I: Reflections on the Self Who Teaches -- 1. Live Divided No More: Humanizing Education through Self-Care and Community-Building -- 2. A "World in Between": A Reflection on Teaching and Learning -- 3. Risking Being Yourself: Owning Your Identity Within the Academic Framework -- 4. Embracing Otherness in the Self that Teaches -- 5. Cultivating Humanity in All Too Human Institutions -- 6. Law Professor and Law Student: An Exploration of Being a Whole Lawyer -- Part II: Pedagogies for the Self Who Learns -- 7. "Going Out Into the World to Find Wonders': Nature as a Source of Regeneration" -- 8. Holding the Space: Being Curious as a Teacher Educator with Pre-service about Self-Care -- 9. Who Am I?: Relational Pedagogies for Fostering Creativity and Reflective Practice -- 10. Dancing with the Other: Aesthetic Experience and Ethical Responsiveness -- 11. An Interview

with Dr. Chinmay Pandya: Uncovering the Science of Mantra for Self-Knowledge and Healing. .

Sommario/riassunto

This book invites readers to explore how fourteen different experts in their respective fields create deeper meaning in their profession and work with students through thinking, in multiple ways, about the self who teaches, the self who learns, and the ways in which these selves interact within the academy. Essays in this book explore the “inside” of academia through three themes: Pursuing Authenticity, Creating Creative Community, and Humanizing Education. Contributors reflect on their own lived experiences in the academy and on pedagogies that they have created for their students. Embodied education, the theoretical framework of this book, draws on ideas of educators Parker Palmer from the West and Dr. Chinmay Pandya from the East, emerging through contributors’ collaborative work. In embodied education, teachers and learners share experiences that lead to self-understanding and together find ways to humanize spaces in academia.