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Nota di contenuto	<p>Intro -- Preface -- Contents -- About the Editor -- Notes on Contributors -- Part I: Personal Leadership to Address Spiritual Challenges and Invoke Design Thinking -- Chapter 1: Awakened Leadership: Leading with Light -- Introduction -- Leadership and Wakefulness -- Four Approaches -- Face the Music -- Words of Wisdom -- Awakened Leadership: A Behavioral Road Map -- Case in Point: Marc Benioff and Salesforce -- Awakened Leaders in Reflection -- Chapter Takeaways -- Reflective Questions -- References -- Chapter 2: Mindfulness as a Strategy to Weather Challenges -- Physiological Issues -- Positive Psychology and Sociology -- Mindfulness as a Sociological Construct -- Does Culture Matter? -- Charting an Understanding of Relationships -- Looking Inside Out or Outside In -- Social Identity -- Intersectionality -- Intersectionality as a Metaphor -- Identity Politics -- Pulling the Stands of Sociological Implications Together -- Authentic Leadership -- Weathering Challenges -- Understanding the Nature and Environment of Academic Research with Reference to Mindfulness -- Chapter Takeaways -- Reflective Questions -- References -- Chapter 3: Inclusive Leadership in an Increasingly Diversified World -- Introduction -- Fundamentals of Inclusion -- Current Inclusion Concerns -- Inclusive Leadership -- Top Leadership -- Featured Case in Point: Dimexon Diamonds Ltd -- Managerial Leadership -- Empowered Individuals -- Disempowered Individuals -- Chapter Takeaways -- Reflection Questions --</p>

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