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Reprocessing -- 3.4 Summary -- References -- Part II Practical Python Tutorials for Remote Sensing -- Chapter 4 Practical Python Syntax -- 4.1 "Hello Earth" in Python -- 4.2 Variable Assignment and Arithmetic -- 4.3 Lists -- 4.4 Importing Packages -- 4.5 Array and Matrix Operations -- 4.6 Time Series Data -- 4.7 Loops -- 4.8 List Comprehensions -- 4.9 Functions -- 4.10 Dictionaries -- 4.11 Summary -- References -- Chapter 5 Importing Standard Earth Science Datasets -- 5.1 Text -- 5.2 NetCDF -- 5.2.1 Manually Creating a Mask Variable Using True and False Values.
5.2.2 Using NumPy Masked Arrays to Filter Automatically -- 5.3 HDF -- 5.4 GRIB2 -- 5.5 Importing Data Using Xarray -- 5.5.1 netCDF -- 5.5.2 Examining Vertical Cross Sections -- 5.5.3 Examining Horizontal Cross Sections -- 5.5.4 GRIB2 using Cfgrib -- 5.5.5 Accessing Datasets Using OpenDAP -- 5.6 Summary -- References -- Chapter 6 Plotting and Graphs for All -- 6.1 Univariate Plots -- 6.1.1 Histograms -- 6.1.2 Barplots -- 6.2 Two Variable Plots -- 6.2.1 Converting Data to a Time Series -- 6.2.2 Useful Plot Customizations -- 6.2.3 Scatter Plots -- 6.2.4 Line Plots -- 6.2.5 Adding Data to an Existing Plot -- 6.2.6 Plotting Two Side-by-Side Plots -- 6.2.7 Skew-T Log-P -- 6.3 Three Variable Plots -- 6.3.1 Filled Contour Plots -- 6.3.2 Mesh Plots -- 6.4 Summary -- References -- Chapter 7 Creating Effective and Functional Maps -- 7.1 Cartographic Projections -- 7.1.1 Geographic Coordinate Systems -- 7.1.2 Choosing a Projection -- 7.1.3 Some Common Projections -- 7.2 Cylindrical Maps -- 7.2.1 Global Plots -- 7.2.2 Changing Projections -- 7.2.3 Regional Plots -- 7.2.4 Swath Data -- 7.2.5 Quality Flag Filtering -- 7.3 Polar Stereographic Maps -- 7.4 Geostationary Maps -- 7.5 Creating Maps from Datasets Using OpenDAP -- 7.6 Summary -- References -- Chapter 8 Gridding Operations -- 8.1 Regular One-Dimensional Grids -- 8.2 Regular Two-Dimensional Grids -- 8.3 Irregular Two-Dimensional Grids -- 8.3.1 Resizing -- 8.3.2 Regridding -- 8.3.3 Resampling -- 8.4 Summary -- References -- Chapter 9 Meaningful Visuals through Data Combination -- 9.1 Spectral and Spatial Characteristics of Different Sensors -- 9.2 Normalized Difference Vegetation Index (NDVI) -- 9.3 Window Channels -- 9.4 RGB -- 9.4.1 True Color -- 9.4.2 Dust RGB -- 9.4.3. Fire/Natural RGB -- 9.5 Matching with Surface Observations -- 9.5.1 With User-Defined Functions -- 9.5.2 With Machine Learning.
9.6 Summary -- References -- Chapter 10 Exporting with Ease -- 10.1 Figures -- 10.2 Text Files -- 10.3 Pickling -- 10.4 NumPy Binary Files -- 10.5 NetCDF -- 10.5.1 Using netCDF4 to Create netCDF Files -- 10.5.2 Using Xarray to Create netCDF Files -- 10.5.3 Following Climate and Forecast (CF) Metadata Conventions -- 10.6 Summary -- Part III Effective Coding Practices -- Chapter 11 Developing a Workflow -- 11.1 Scripting with Python -- 11.1.1 Creating Scripts Using Text Editors -- 11.1.2 Creating Scripts from Jupyter Notebook -- 11.1.3 Running Python Scripts from the Command Line -- 11.1.4 Handling Output When Scripting -- 11.2 Version Control -- 11.2.1 Code Sharing though Online Repositories -- 11.2.2 Setting up on GitHub -- 11.3 Virtual Environments -- 11.3.1 Creating an Environment -- 11.3.2 Changing Environments from the Command Line -- 11.3.3 Changing Environments in Jupyter Notebook -- 11.4 Methods for Code Development -- 11.5 Summary -- References -- Chapter 12 Reproducible and Shareable Science -- 12.1 Clean Coding Techniques -- 12.1.1 Stylistic Conventions -- 12.1.2 Tools for Clean Code -- 12.2 Documentation -- 12.2.1 Comments and Docstrings -- 12.2.2 README File -- 12.2.3 Creating Useful Commit Messages -- 12.3 Licensing -- 12.4 Effective Visuals -- 12.4.1 Make a Statement -- 12.4.2 Undergo Revision -- 12.4.3 Are Accessible and Ethical -- 12.5 Summary --

References -- Conclusion -- Appendix A Installing Python -- A.1. Download Tutorials for This Book -- A.2. Download and Install Anaconda -- A.3. Package Management in Anaconda -- Appendix B Jupyter Notebook -- B.1. Running on a Local Machine (New Coders) -- B.2. Running on a Remote Server (Advanced) -- B.3. Tips for Advanced Users -- B.3.1. Customizing Notebooks with Configuration Files -- B. 3.2. Starting and Ending Python Scripts -- B.3.3. Creating Git Commit Templates.
Appendix C Additional Learning Resources -- Appendix D Tools -- D. 1. Text Editors and IDEs -- D.2. Terminals -- Appendix E Finding, Accessing, and Downloading Satellite Datasets -- E.1. Ordering Data from NASA EarthData -- E.2. Ordering Data from NOAA/CLASS -- Appendix F Acronyms -- Index -- EULA.

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Sommario/riassunto

This book deals with recent perspectives on the panel of addiction behavior in a vast amount of population (young and adult). Thanks to the contribution of experts of the topic of addiction the volume will furnish new perspectives to formulate assessment, diagnosis and intervention in response to the increasing variety of addictions. It focuses the assessment of executive functions in substance and behavioral addictions. More specifically, this assessment consists of a new approach not only inherent to the diagnosis, but also to the treatment and prevention of addictions. In fact, there is a strict relationship between executive functions (EF) and addictive behavior: EF plays a remarkable role in significant phenomena for the treatment of addictions, such as craving, relapse and compliance to treatment.