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Nota di contenuto	Intro -- Preface: Flexible Work: An Important Trend in New Ways of Working -- Job Demands, Job Resources and the Quality of Working Life -- The Role of Technology in Flexible Work -- Employment Contracts, Job Insecurity and Law Aspects -- References -- About the Book -- Contents -- Contributors -- About the Editor -- Research Perspectives from Job Control to Flexibility: Historical Outline, Depiction of Risks, and Implications for Future Research -- 1 Introduction -- 2 Job Autonomy and Control in Classic Theory -- 2.1 Control as the Counterweight of Demands -- 2.2 Autonomy as a Prerequisite for Work Motivation -- 2.3 The Thin Line Between Resource and Demand -- 3 ICT-Enabled Flexibility Adds More Layers to the Classic Concept -- 3.1 Workers as Objects or Subjects of Control -- 3.2 The Critical Process of Work Subjectivation and Indirect Control -- 4 How to Approach Work Flexibility in the Future -- 4.1 Self-control Demands -- 4.2 Self-exploitation Through Excessive Work Engagement

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