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| 1. Record Nr. | UNISALENTO991003022349707536 |
| Autore | Mango, A. E. |
| Titolo | Sul mare : conferenza tenuta nell'aula magna dell'Istituto Tecnico di Lecce addì 5 maggio 1901 / A. E. Mango |
| Pubbl/distr/stampa | Lecce : R. tip. ed. Salentina f.lli Spacciante, 1901 |
| Descrizione fisica | 1 v. ; 21 cm |
| Soggetti | Mare |
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| Livello bibliografico | Monografia |
| Note generali | Estr. da: Rinascenza del 15 luglio 1901, a. I, n. 4 e ss. |
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| 2. Record Nr. | UNINA9910502998103321 |
| Autore | Rathmann Joachim |
| Titolo | Therapeutic Landscapes : An Interdisciplinary Perspective on Landscape and Health |
| Pubbl/distr/stampa | Wiesbaden : , : Springer Vieweg. in Springer Fachmedien Wiesbaden GmbH, , 2021
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| ISBN | 9783658338480
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| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (49 pages) |
| Collana | Essentials |
| Soggetti | Nature, Healing power of
Human geography |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di contenuto | Intro -- What You Can Find in This essential -- Contents -- 1
Introduction -- 2 The Concept of the Therapeutic Landscapes -- 2.1 |

The Concept of Landscape -- 2.2 Approach for the Concept of Health -- Salutogenesis -- A Broadening of the Subject Matter -- Ecosystem Services -- EcoHealth, OneHealth, Planetary Health -- Landscape and Health: A Deeper Look at Therapeutic Landscapes. -- 3 People-place Bonds -- 3.1 Place Attachment -- 3.2 Biophilia and Biophobia -- 4 Landscape Preferences -- 5 Landscape as a Resource for the Psyche, Physique and Social Interaction -- 6 Forest Therapy -- 7 A Better Person Thanks to Nature Observation? -- 8 Outlook -- What You Learned From this essential -- Literature.

Sommario/riassunto

The book 'Therapeutic Landscapes' by Joachim Rathmann explores the interconnection between landscapes and human health. It introduces the concept of therapeutic landscapes, a term that encompasses physical, psychological, and social environments linked to healing. Drawing from cultural geography, the book discusses how natural, built, symbolic, and social environments can facilitate physical, mental, and spiritual healing. It highlights the significance of green spaces, nature, and forests in enhancing well-being and advocates for a conscious observation of nature to bridge the gap between humans and the natural world. Aimed at academics and professionals in geography, health, and environmental studies, the book provides insights into the positive impacts of landscapes on health.
