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Nota di contenuto	Introduction (Wendy-Ann Smith, Ilona Boniwell, Suzy Green) -- Part I : Convergence of Positive Psychology, Organisational Psychology and Coaching Psychology -- PP Coaching in the Workplace : Creating Flourishing Workplaces (Wendy-Ann Smith, Ilona Boniwell, Suzy Green) -- Coaching as a Lever for Transfer of Training and Positive Psychology Training (Ofer Atad, Suzy Green, Wendy-Ann Smith).-The Relationship between Positive Psychology Coaching And Organisational Psychology (Travis Kemp) -- The Professionalisation of Positive Psychology Coaching (Robert Biswas-Diener) -- Part 2: Professional and Ethical Practice of Positive Psychology Coaching in the Workplace -- Chapter 5: Processes and Considerations when Implementing Positive Psychology Coaching in the Workplace (Rebecca Jones) -- Measuring Positive Psychology Coaching in the Workplace (Dianne Vella-Brodrick) --

Positive Psychology Coaching: Consolidating and Extending the Gains (Jonn Franklin) -- The Art of Reflective Practice: Coaching Supervision in the Workplace (Angela Wright, Jonathan Passmore) -- Part 3: Positive Psychology Coaching for Resilience and Wellbeing in the Workplace -- Application of Positive Psychology in Coaching Conversations for Energising Workplace Relationships (Wendy-Ann Smith, Be Pannell) -- Coaching for Happiness & Wellbeing (Suzy Green, Aaron Jarden) -- Coaching for Resilience in the Workplace (Ilona Boniwell) -- Coaching Interventions for Resilience and Post-Traumatic Growth (Edward H. Powley, Emily Amdurer, Angela Passarelli) -- Coaching to Develop Psychological Capital to Support Change (Andrea Giraldez-Hayes) -- Part 4: Team and Systemic Approaches to Positive Psychology Coaching in the Workplace -- Coaching Systems in the Workplace (Sean O' Connor) -- Coaching Team Function and Dysfunction: Balancing the Positive and Negative in a complex, Adaptive Systems Perspective (David Clutterbuck) -- Systemic Awareness in Leadership Coaching: A New Approach to Mindfulness (Michael Cavanagh) -- Part 5: Positive Psychology Coaching for Leadership -- PPC for Positive Leadership (Jill Macnaught, Peter Webb, Wendy-Ann Smith) -- Positive Psychology Coaching for Career Transition and Management (Clive Leach) -- Adult Development & Positive Psychology Coaching (Be Pannell).-Strengths-Based Coaching and Sustainability Leadership -- (Doug Mackie) -- Positive Psychology Coaching Neuroscience: Rewiring the Workplace (Sue Langley, Sarah Smith) -- Part 6: Tools for Positive Psychology Coaching in the Workplace -- Integrating Job Crafting with Coaching Psychology: Implications for Employee Functioning and Wellness (Likitha Silapurem, Gavin Slempe, Aaron Jarden) -- Tangible Tools for Positive Psychology Coaching (Ilona Boniwell) -- Lego Serious Play In 1-1 Coaching (Theresa Quinn) -- Part 7: Convergence of Clinical Interventions and Virtuosity in Positive Psychology Coaching -- Coaching with Compassion at Four Levels in Healthcare (Richard Boyatzis, Maria Volkova) -- Appreciative Inquiry Coaching in the Workplace (Sarah Lewis) -- Acceptance and Commitment Coaching in the Workplace (Rachel Skews) -- Working with Meaning & Purpose: Second Wave Positive Psychology Coaching in the Workplace Yannick Jacob -- Conclusion and Future Directions -- Conclusion & Future Directions (Wendy-Ann Smith, Ilona Boniwell, Suzy Green).

Sommario/riassunto

This research-to-practice text explores how coaching can support thriving in the workplace. It focuses on positive psychology coaching in the workplace in relation to: the convergence with organisational psychology and coaching psychology, professional and ethical practices, resilience and wellbeing, team and systemic approaches, leadership, tools of intervention, convergence of clinical interventions and virtuosity, and the future of thriving workplaces. The chapter contributions represent a truly international scholarship and bring together complementary perspectives from the fields of positive psychology, coaching psychology, organisational psychology, organisational scholarship, neuroscience, education and philosophy. Written in a scholarly but accessible style, this text is of interest to a wide readership, including academics, professionals and postgraduate students of positive psychology, organisational psychology, counselling and coaching psychology, human resource management, mental health, health and social welfare. "Smith, Boniwell and Green have brought together an outstanding collection of thought leaders from the field of positive psychology coaching to craft an in-depth exploration of the contribution positive psychology can make to delivering transformation change through coaching conversations. A fascinating read, full of evidence and insight". Jonathan Passmore Professor of Coaching &

