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Resourceful Learning State"; "Part III - Active Learning Strategies"; "Chapter 5 - Key Metacognitive Learning Strategies"; "Metacognition and the Adult Brain"; "Knowledge Acquisition Strategies"; "Types of Graphic Organizers"; "Study Strategies to Promote Comprehension"; "Promoting Active Learning"; "Chapter 6 - Blending Taxonomies to Bring the Learning Process Full Cycle"; "Taxonomies in Education"; "The Materna Method"  
"Application of Brain-Compatible Principles in the Adult Classroom"  
Free Your Creative Spirit!"; "Resource A: Brain Warm-Ups"; "Resource B: Active Learning Strategies for Knowledge, Remembering, and Retrieval"; "Resource C: Active Learning Strategies for Comprehension and Understanding"; "Resource D: Active Learning Strategies for Application and Deeper Comprehension"; "Resource E: Active Learning Strategies for Analysis"; "References"; "Index"

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## Sommario/riassunto

*"Overall this text is a very interesting read with significant applicability to both advisors and faculty. The creative advisor will have no problem synthesizing Materna's ideas and theories of brain-compatible learning strategies into daily interactions with students and faculty."* -**Jennifer Varney, Hesser College**  
Use these interactive strategies to help adults become more self-directed in their learning, improve their ability to comprehend and apply complex information, and unleash their creative potential.

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