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Titolo	Interdisciplinary Nutritional Management and Care for Older Adults : An Evidence-Based Practical Guide for Nurses / / edited by Ólöf G. Geirsdóttir, Jack J. Bell
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Collana	Perspectives in Nursing Management and Care for Older Adults, , 2522-8846
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Altri autori (Persone)	BellJack J
Disciplina	610.73
Soggetti	Nursing Nutrition
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di contenuto	Overview of nutrition care in geriatrics and orthogeriatrics -- Nutritional requirements in geriatrics -- Nutritional assessment, diagnosis and treatment in geriatrics -- Best practice in nursing care; role of nutrition -- Hydration in orthogeriatrics -- Untangling aging, malnutrition, frailty, sarcopenia and function decline -- Bone health, fragility and fractures -- How to increase patient motivation and adherence to nutritional care? Overcoming psychological barrier -- How to engage treating teams to spread and sustain nutritional care -- Interdisciplinary team and education of professionals -- Special topics in geriatric nutrition (1000 words) -- Specialist versus generalist nutritional care in aging -- Key opportunities for multidisciplinary nutritional care -- Physical activity, exercise and physical rehabilitation -- Pressure ulcer prevention and management -- Obesity, Body composition & BMI -- Fundamentals of nutritional physiology.- Nutrition in oropharyngeal dysphagia -- Delirium -- Drug-food & food-drug interaction - supplements -- Food services and systems -- End of life, food and water – ethical standards of care.
Sommario/riassunto	This open access book aims to primarily support nurses as leaders and champions of multimodal, Interdisciplinary nutrition care for older adults. A structured approach to fundamentals of nutrition care across

Interdisciplinary settings is combined with additional short chapters about special topics in geriatric nutrition. The book is designed to provide highly accessible information on evidence-based management and care for older adults, with a focus on practical guidance and advice across acute, rehabilitation, and primary and secondary malnutrition prevention settings. The cost of malnutrition in England alone has been estimated to be £19.6 billion per year, or more than 15% of the total public expenditure on health and social care. ^65 years). The importance and benefit of specialised nutrition care, delivered by experts in field, is well established for those with complex nutrition care needs. However, despite the substantial adverse impact of malnutrition on patient and healthcare outcomes, specialised management of this condition is often under-resourced, overlooked and under-prioritised by both older adults and their treating teams. As an alternative, timely, efficient, and effective supportive nutrition care opportunities may be appropriately implemented by nurses and non-specialist Interdisciplinary healthcare team members, working together with nutrition specialists and the older adults they care for. Practical, low-risk opportunities should be considered across nutrition screening, assessment, intervention, and monitoring domains for many patients with, or at risk of malnutrition. Whilst a variety of team members may contribute to supportive nutrition care, the nursing profession provide a clear focal point. Nurses across diverse settings provide the backbone for Interdisciplinary teamwork and essential patient care. The nursing profession should consequently be considered best placed to administer Interdisciplinary, multimodal nutrition care, wherever specialist nutrition care referrals are unlikely to add value or are simply not available. As such, the book is a valuable resource for all healthcare providers dedicated to working with older patients to improve nutrition care. .
