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Nota di contenuto	Part I. Defining our Great Global Challenges -- Chapter 1. Change Yourself and Change the World -- Chapter 2. Our Climate Change Challenge -- Chapter 3. Our Great Sustainability Challenge -- Chapter 4. Our Ethical Responsibility -- Part II. Tackling Climate Change -- Chapter 5. How You and Your Family Can Reduce Your Carbon Footprint -- Chapter 6 How Your Community Can Reduce Its Greenhouse Gas Impact -- Chapter 7. How Your School, Non-Profit Organization, or Business Can Reduce Eliminate Its Carbon Footprint -- Part III. Environmental Sustainability -- Chapter 8 Moving to Green Energy -- Chapter 9. Protecting Our Water Resources -- Chapter 10. Dealing with the Garbage Around Us -- Chapter 11. Saving Ecosystems -- Part IV. Building Just and Equitable Economic and Social Systems -- Chapter 12. Building a Just and Sustainable Society -- Chapter 13. Green Your Economy -- Chapter 14. Sustainable Travel and Leisure -- Chapter 15. Tune Out, Buy Nothing, and Get Educated.
Sommario/riassunto	This book will teach you everything you need to know about

sustainable living from reducing your greenhouse gas footprint to making sure that you are part of the green economy. Along the way, readers will learn about the field of sustainability and the "three Es" of sustainable living: environment, economy, and equity. We are in the midst of great environmental change and all of us need to do everything we can to try to live more gently on the planet. Robert Brinkmann provides a range of options for readers as to what they can do to try to make a difference. Some involve simple lifestyle changes - but he also challenges all of us to commit to make more difficult and more meaningful changes to create a greener, more sustainable world. The book also delves into how we can create more sustainable communities, schools, and organizations. It showcases many examples of people and organizations that are making significant contributions to improving our planet's sustainability that serve as inspiration and guidance for all of us trying to live more sustainably. Robert Brinkmann is the Dean of the College of Liberal Arts and Sciences at Northern Illinois University, USA and is the author of numerous books, including *Environmental Sustainability in a Time of Change*. His blog, *On the Brink*, is one of most popular sustainability blogs on the Internet.
