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Nota di contenuto	Intro -- Preface -- Contents -- Why You Should Read This Book -- Part I: The Neuroscience Perspective - Where Is My Self? -- Chapter 1: The Emergence of the Self -- 1.1 Perception Is Everything -- 1.2 The Usefulness of Brains -- 1.3 Cognition Without a Brain: The "Thinking" Slime Mould -- 1.4 A Brief Tour Through the Brain, for the Non-specialist Tourist -- 1.5 The Cognitive Powers of a Worm and its Extremely Primeval Selfhood -- 1.6 On the Essence of Selves: Properties All We Perceive -- 1.7 The Personal Identity of Animals: A Self Through the Looking Glass -- 1.7.1 The Mirror Test -- 1.8 Of Animals and Babies: The Development of Self-Awareness in Humans -- 1.8.1 The Body in the Brain -- 1.8.2 Our Starting Consciousness in Our Early Times -- Chapter 2: The Origins and the Fallacy of a Central Commander in the Brain: The Emergence of Agency and the Demise of the Concept of Free Will -- 2.1 Incorrect Body Perceptions: Illusions of Ownership and Out-of-Body Experiences -- 2.1.1 The Mind Out of the Body: Out-of-Body Experiences -- 2.1.2 A Mini Science Project: Elucidating the Intriguing Phenomenon of OBEs in Blind Individuals -- 2.2 Free Will, or What Is Free in that Will? -- 2.2.1 The Making

of Choices: In Search of the Last Ventriloquist -- 2.2.2 The Will in Epileptic Patients: What Seizures Reveal About Volition -- Postscript to Chapter 2 -- Chapter 3: The Strange World of Split-brain Patients: In Search of the Interpreter of Our Actions -- 3.1 Closing the Coffin of Free Will -- 3.1.1 A Cry for Freedom -- Chapter 4: Dissociative Identity Disorders. Are Multiple Personalities Ever Lonely, or Can a Psychiatrist Charge Twice a Person with Dual Personality? -- Chapter 5: The Enduring Self, or How to Annihilate the Self -- Chapter 6: A Recipe for High Cognition: Are Consciousness and Self-awareness a Matter of Numbers?.

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