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Nota di contenuto	Part 1: Visual Art therapy -- Chapter 1. Visual art-therapy in psychiatry rehabilitation. - Chapter 2. Between subjectivity and objectivity: art therapy's challenge -- Chapter 3. Commentary on the Conceptual Roots in Art Therapy: Rethinking Sublimation -- Chapter 4. Art therapy in mental health recovery – towards an expanded lens -- Part 2: Music Therapy -- Chapter 5. Music Therapy in Psychiatry -- Chapter 6. From an empirical approach to scientific evidence: reflections on music therapy and psychiatry -- Chapter 7. Professional flexibility towards the clients` needs in music therapy and music medicine in psychiatry -- Chapter 8. Music as central mechanism for music therapy in mental health -- Chapter 9. Recurring sound aspects in group work with psychiatric patients -- Chapter 10. A perspective in approaching mechanisms of music therapy for dementia clients -- Part 3: Dance Movement therapy -- Chapter 11. Integration in Motion: Dance Movement Therapy -- Chapter 12. Training standard of Dance Movement Therapy in E.U. and Italian contribution to research on recovery -- Chapter 13. Dance Movement Therapy as an alternative for rehabilitating people with mental disorders -- Chapter 14. Neurophysiological aspects of dance-movement therapy for psychiatric

rehabilitation -- Chapter 15. The Psychiatry-related European DMT Experience -- Chapter 16. Listening to the voice of the person with psychiatric problems -- Part 4: Drama Theatre therapy -- Chapter 17. Drama therapy in the context of psychiatric care -- Chapter 18. Drama/theatre Practice in psychiatric care -- Chapter 19. Drama therapy and psychiatric care in India: practice and potential -- Chapter 20. Facilitating empathy through drama therapy for clients and clinicians across the spectrum of psychiatric care -- Chapter 21. Empirical Research Consideration in Drama Therapy: A Brief Essay -- Chapter 22. Healing aspects of drama and theatre and perspectives in dramatherapy -- Chapter 23. Challenges of research in drama therapy -- Chapter 24. Dramatherapy: A Culturally Responsive Practice.

Sommario/riassunto

This book explores possible approaches to and uses of art therapy in mental health settings. Reflecting the latest scientific evidence, it represents a major step toward the harmonization of practices in the field, filling the gap between the theory and practice of art therapy. The book is divided into four major sections, corresponding to the main artistic domains: visual art therapy, music therapy, dance movement therapy, and drama therapy. Gathering the research and insights of leading professionals from around the globe, the book offers a diverse and balanced mix of perspectives. Accordingly, it will appeal to a broad readership including psychiatrists, psychologists, social workers, occupational therapists, psychiatric rehabilitation technicians, nurses, educators, art therapists, and students.
