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Nota di contenuto	Front cover; Half title; Coaching in Practice series; Title; Copyright; Praise for this book; Dedications; Contents; Series Editor's Preface; Preface; 1 Biographical beginnings; 2 Regulation and relationship; 3 Oxytocin and other clever chemicals; 4 Wondering; 5 Neurobehavioural Modelling (NBM); 6 Behavioural change that sticks; 7 Relationships that affect change and development; 8 Affective interaction; 9 Intelligent emotions; 10 NBM revisited; Glossary; Bibliography; Index; Advert; Back cover
Sommario/riassunto	This book is designed to provide coaches and managers with brain knowledge that is useful to them and enable them to access its practical use with clients.