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Titolo	Psychotherapy for the advanced practice psychiatric nurse : a how-to guide for evidence- based practice / / Kathleen Wheeler
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Descrizione fisica	1 online resource (970 pages) : illustrations
Disciplina	616.890231
Soggetti	Nurse and patient Psychopharmacology Evidence-based nursing Psychiatric nursing Psychotherapy
Lingua di pubblicazione	Inglese
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Note generali	Includes index.
Nota di contenuto	Part I: Getting Started -- Chapter 1: The Nurse Psychotherapist and a Framework for Practice -- Chapter 2: The Neurophysiology of Trauma and Psychotherapy -- Chapter 3: Assessment and Diagnosis -- Chapter 4: The Initial Contact and Maintaining the Frame -- Part II: Psychotherapy Approaches -- Chapter 5: Supportive and Psychodynamic Psychotherapy -- Chapter 6: Humanistic–Existential and Solution-Focused Approaches to Psychotherapy -- Chapter 7: Eye Movement Desensitization and Reprocessing Therapy -- Chapter 8: Cognitive Behavior Therapy -- Chapter 9: Motivational Interviewing -- Chapter 10: Interpersonal Psychotherapy -- Chapter 11: Trauma Resiliency Model® Therapy -- Chapter 12: Group Therapy -- Chapter 13: Family Therapy -- Part III: Integrating Medication and Complementary Modalities into Psychotherapy -- Chapter 14: Psychotherapeutics: Reuniting Psychotherapy and Pharmacotherapy -- Chapter 15: Trauma-Informed Medication Management -- Chapter 16: Integrative Medicine and Psychotherapy -- Part IV: Psychotherapy With Special Populations -- Chapter 17: Stabilization for Trauma and Dissociation -- Chapter 18: Dialectical Behavior Therapy for Complex

Trauma -- Chapter 19: Psychotherapeutic Approaches for Addictions and Related Disorders -- Chapter 20: Psychotherapy With Children -- Chapter 21: Psychotherapeutic Approaches with Children and Adolescents -- Chapter 22: Psychotherapy With Older Adults --Part V: Termination and Reimbursement -- I Chapter 23: Reimbursement and DocumentationShow Level Chapter 24: Termination and Outcome Evaluation

Sommario/riassunto

The leading textbook on psychotherapy for advanced practice psychiatric nurses and students Award-winning and highly lauded, Psychotherapy for the Advanced Practice Psychiatric Nurse is a how-to compendium of evidence-based approaches for both new and experienced advanced practice psychiatric nurses and students. This expanded third edition includes a revised framework for practice based on new theory and research on attachment and neurophysiology. It advises the reader on when and how to use techniques germane to various evidence-based psychotherapy approaches for the specific client problems encountered in clinical practice. This textbook guides the reader in accurate assessment through a comprehensive understanding of development and the application of neuroscience to make sense of what is happening for the patient in treatment. Contributed by leaders in the field, chapters integrate the best evidence-based approaches into a relationship-based framework and provides helpful patient-management strategies, from the first contact through termination. This gold-standard textbook and reference honors the heritage of psychiatric nursing, reaffirms the centrality of relationship for psychiatric advanced practice, and celebrates the excellence, vitality, depth, and breadth of knowledge of the specialty. New to This Edition: Revised framework for practice based on new theory and research on attachment and neurophysiology New chapters: Trauma Resiliency Model Therapy Psychotherapeutics: Re-uniting Psychotherapy and Psychopharmacotherapy Trauma-Informed Medication Management Integrative Medicine and Psychotherapy Psychotherapeutic Approaches with Children and Adolescents Robust instructor resources Key Features: Offers a 'how to' of evidence-based psychotherapeutic approaches Highlights the most-useful principles and techniques of treatment for nurse psychotherapists and those with prescriptive authority Features guidelines, forms, and case studies to guide treatment decisions Includes new chapters and robust instructor resources—chapter PowerPoints, case studies, and learning activities
