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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. Introduction (Ottar Ness, Sheila McNamee and Øyvind Kvello) -- 2. Theoretical Foundations of Relational Processes in Supervision (Sheila McNamee) -- 3. Constructing Supervision: Integrating the Professional and Personal into a Relational Self – An Invitation to Relational Integration (John Burnham and Barbara McKay) -- 4. Relational Responsibility: Ethics and Power in Supervision (Sheila McNamee and Julie Tilsen) -- 5. Making the Combination of Support and Social Control work in Supervision (Øyvind Kvello) -- 6. The Artistry of Stuckness (Billy Hardy) -- 7. The Difference that Makes a Difference? A

Qualitative Study of Cultural Differences and Similarities in Supervision (Philip Messent and Reenee Singh) -- 8. A Child Friendly Supervision: Letting Children Participate (Øyvind Kvello) -- 9. Safety and Self-Care of the Supervisor (Arlene Vetere). .

Sommario/riassunto

This book is focused on relational processes in supervision for counselling and psychotherapy. The aim is first to introduce a relational theoretical stance, then to apply that stance to the process of supervision, and finally to offer practitioners immediately accessible resources for relational supervision. Within a relational perspective, supervisor and supervisees are viewed as partners who co-construct the supervisory process. Unlike other approaches to supervision where the emphasis is on specific techniques and strategies for supervision, the relational orientation of this book invites supervisor and supervisee into different understandings of the supervisory interaction. This orientation directs our attention to the importance of co-creating the therapeutic relation/alliance with special attention to the wellbeing of the supervisee and the supervisor. Supervision, from this perspective, is focused on what participants are making together rather than on the individual abilities, strengths, and weaknesses of either the supervisor or the supervisee. Ottar Ness is Professor of Counselling at the Norwegian University of Science and Technology, Adjunct Professor at the program of family therapy and systemic practice at VID Scientific University in Norway, Senior Advisor at the National Competence Centre for Mental Health Care, Norway, and Taos Institute Associate, USA. Sheila McNamee is Professor of Communication at the University of New Hampshire and Vice President, Co-Founder, and Board member of The Taos Institute, USA. Øyvind Kvello is Professor of Special Education at the Norwegian University of Science and Technology, and Adjunct Professor at the Faculty of Health and Social Sciences at the University of South-Eastern Norway.
