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Chapter 1. Exercise Oncology: Past and Present -- Part 1 - Physical Activity and Cancer Prevention -- Chapter 2. Primary Prevention -- Chapter 3. Physical Activity and Cancer Survival -- Chapter 4. Mechanisms of Exercise in Cancer Prevention, Treatment and Survivorship -- Part 2 - From Diagnosis through Treatment -- Chapter 5. Exercise Oncology from Diagnosis through Treatment: An Overview of Outcomes and Considerations -- Chapter 6. Prehabilitation: An Emerging Standard in Exercise Oncology -- Chapter 7. Exercise during Surgical Recovery -- Chapter 8. Exercise during Infusion Therapy -- Chapter 9. Exercise During Radiation Therapy -- Chapter 10. Effects of Exercise on Cancer Treatment Completion and Efficacy -- Part 3 – Post-treatment to End of Life -- Chapter 11. Exercise Oncology from Post-Treatment to End of Life: An Overview of Outcomes and Considerations -- Chapter 12. Exercise during Immediate Post-treatment -- Chapter 13. Long-term and Late Effects of Cancer Treatments on Prescribing Physical Activity -- Chapter 14. Exercise and Cardio-Oncology -- Chapter 15. Energetics and Cancer Outcomes -- Chapter 16. Exercise for Advanced Cancers, Metastatic Disease and Palliative Care -- Part 4 - Behavior, logistics, and policy -- Chapter 17. Cancer Survivors Becoming and Staying Physically Active: Challenges of Behavior Change -- Chapter 18. Making Exercise Standard in Cancer Care -- Chapter 19. Viewing Exercise Oncology through the Lens of Multidisciplinarity -- Chapter 20. Policy and Reimbursement Considerations for Exercise Programming in Cancer -- Chapter 21. Shaping the Future of Exercise Oncology.

Sommario/riassunto

This groundbreaking book presents a unique and practical approach to the evolving field of exercise oncology - the study of physical activity in the context of cancer prevention and control. Presenting the current state of the art, the book is sensibly divided into four thematic sections. Following an opening chapter presenting an overview and timeline of exercise oncology, the chapters comprising part I discuss primary cancer prevention, physical activity and survivorship, and the mechanisms by which these operate. Diagnosis and treatment considerations are discussed in part II, including prehabilitation, exercise during surgical recovery, infusion and radiation therapies, and treatment efficacy. Post-treatment and end-of-life care are covered in part III, including cardio-oncology, energetics and palliative care. Part IV presents behavioral, logistical and policy-making considerations, highlighting a multidisciplinary approach to exercise oncology as well as practical matters such as reimbursement and economics. Written and edited by experts in the field, Exercise Oncology will be a go-to practical resource for sports medicine clinicians, family and primary care physicians, oncologists, physical therapy and rehabilitation specialists, and all medical professionals who treat cancer patients.
