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Titolo	Deconstructing Health Inequity : A Perceptual Control Theory Perspective / / by Timothy A. Carey, Sara J. Tai, Robert Griffiths
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Nota di contenuto	Foreword: by Neil Gilbert -- Preface -- Chapter 1. Beginning the Search for Answers -- Chapter 2. A Close Look at the Scientific Literature -- Chapter 3. Inequity Through a Different Lens: An introduction to Perceptual Control Theory -- Chapter 4. Health Through the Lens of Control: A different look at wellbeing and being well -- Chapter 5. Research Through the Lens of Control: Reflecting on what we're doing from a different vantage point -- Chapter 6. Supercharging Our Research Efforts: A matter of control -- Chapter 7. Yes! That Really Is What We Mean -- Chapter 8. But Wait, There's More! Control Affects Practice as Much as Research -- Chapter 9. Well That's That Then. We're All Controllers All Controlling Together. So What?.
Sommario/riassunto	This book offers a radically different perspective on the topic of health inequity. Carey, Tai, and Griffiths use Perceptual Control Theory (PCT) to deconstruct current approaches to understanding, investigating, and

addressing problems of health inequity. In the book, the authors propose that health inequity is not a problem per se. Disrupted control, they argue, is the problem that needs to be addressed. From this perspective, research, policy, and health practices directed at addressing health inequity in isolation will offer only partial solutions to the problems created by disrupted control. Addressing problems of disrupted control directly, however, has the potential to entirely resolve issues that are created by health inequity. The authors have extensive clinical and research experience in a wide range of contexts, including: cross-cultural settings; rural, remote, and underserved communities; community mental health settings; prisons; schools; and psychiatric wards. Drawing on these diverse experiences, the authors describe how adopting a Perceptual Control Theory perspective might offer promising new directions for researchers and practitioners who have an interest in addressing issues of inequity and social justice. With a Foreword written by Professor Neil Gilbert this book will provide fresh insights for academics, practitioners, and policymakers in the fields of public health, psychology, social policy, and healthcare.
