1. Record Nr. UNINA9910815138003321 **Autore** Brodskaia N. V (Natalia Valentinovna) **Titolo** Impressionism / / Nathalia Brodskaia Pubbl/distr/stampa New York, New York: ,: Parkstone Press International, , [2018] ©[2018] **ISBN** 1-78525-185-6 1-78525-657-2 Descrizione fisica 1 online resource (256 pages) : color illustrations Disciplina 759.05 Soggetti Impressionism (Art) Painting, French - 19th century Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia

Includes index.

Note generali

Record Nr. UNINA9910484785503321 The Palgrave Handbook of Workplace Well-Being / / edited by Satinder **Titolo** K. Dhiman Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Palgrave Macmillan, , 2021 **ISBN** 3-030-30025-0 Edizione [1st ed. 2021.] Descrizione fisica 1 online resource (80 illus., 52 illus. in color. eReference.) Disciplina 658.312 658.38 Employee health promotion Soggetti Industrial organization **Employee Health and Wellbeing** Organization Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di contenuto Work alienation and disengagement -- Happiness advantage at work --Social psychology, positive psychology, organizational behavior --Emotional intelligence and social intelligence -- Spirituality and secular ethics -- Mindfulness at workplace -- Organizational neuroscience for leaders and managers -- World's contemplative wisdom traditions. Sommario/riassunto This handbook proposes to present best practices in managing and leading the 21st century workforce. It offers strategies and tools to cultivate well-being in the present day boundary-less work environment. Research shows that organizations with higher levels of employee engagement routinely out-perform those with lower employee engagement. This handbook provides valuable insights into why employee well-being is such a powerful driver of employee performance and engagement and what organizations can do to enhance workplace well-being and fulfillment. It brings the research on workplace well-being up-to-date while precisely mapping its terrain and extending the scope and boundaries of this field in an inclusive and egalitarian manner.

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