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Nota di contenuto	1:The Rot at the Top 2:A Leadership Laboratory 3:The Clinical Paradigm 4:An Existential Dive5:The Self-Actualizing Equation 6:The Power of Storytelling 7:"Rewriting" Stories 8:Our Inner Theater9:Caveat Emptor10:The Freudian Trajectory11:The Rollercoaster Ride of Change 12:The Whisperer's Dance13: Creating "Aha!" Experiences14:Are You a Prisoner of Optical Illusions? 15:The Loneliness of Command16:The Icarus Syndrome 17:How Greedy Are You? 18:Don't Regret Regrets19:Managing Disappointment 20: A-Players or B-Players?21: How Closed- Minded Are You? 22: Whatever It Is, I'm Against It23:Living in the "I" world24: Are You Attracted to a Cult? 25: Do You Have a Corporate Culture or a Corporate Cult? 26:Creating Best Places to Work 27:Can Organizations Provide Wellness? 28:Old Age Is Not for Sissies.
Sommario/riassunto	"In this deeply personal book, Manfred Kets de Vries reflects on his lifelong engagement with issues around leadership of organizations and change. Clearly written, brimming with insight—the arguments frank but very sophisticated—this book once again shows why Kets de Vries is widely regarded as our foremost thinker on the psychology of leadership." - Sudhir Kakar, training psychoanalyst, novelist/ one of the

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world's major intellectuals "Another masterpiece from this brilliant alumnus of our school." - Professor Marc Salomon, Dean University of Amsterdam Business School, Netherlands "Manfred Kets De Vries is a colleague, a mentor, a friend and above all a good human being. Deeply curious and intellectually brilliant he has been a prolific writer over the last several decades. Each of his books has teased the subtleties of the intricate mesh of strengths, emotions and frailties that define leaders as actors in their personal and professional lives. This book is no different. The CEO Whisperer fathoms the deep emotions of and the complex challenges faced by CEOs and provides us with important perspectives to understand them better. The CEO Whisperer is a fascinating read and I am sure you will enjoy it thoroughly from start to end." - Soumitra Dutta, Professor of Management and Former Founding Dean, SC Johnson College of Business, Cornell University, New York "This is an outstanding book. Based on decades of Manfred's work while coaching, teaching and researching CEOs, it can be seen as a real tour de force. The book is going to be of interest to a broad audience beyond the C-suite. It is useful to anyone who aspires to be a healthy employee and leader; who wants to create a great working environment; and generally, who wants to become a more wellrounded person. Many times, while reading this book. I could not help but reflect on my own leadership and that of the +500 CEOs I have interviewed, making it a truly profound book. Reading it, I learned much from it and will share its many lessons with my students for years to come." - Karl Moore, Associate Professor Desautels Faculty of Management, McGill University Associate Fellow, Green Templeton College, Oxford University "Reading this book is like being coached by Manfred - he is very empathetic, experienced and humble at the same time. He has guided through difficult situations numerous C-suite executives. His caring and fun to read reflections will help you solve yours. It would have been very hard for me to have become a female top executive in the Russian banking industry and executive coach without the wisdom I obtained by participating in his in high demand courses at INSEAD and KDV institute as well as the knowledge I acquired from reading his books." - Yulia Chupina, Head of strategy and HR at Sberbank. Russia At this critical junction in the history of humankind, leaders that are proficient in magical thinking aren't going to solve our problems. Creating alternative realities is not the answer. We need a very different kind of leadership—leaders who can resist the calls of regression and whose outlook is firmly based in reality. We need leaders who analyze and draw conclusions from, or use their own experiences as a development tool, face their strengths and weaknesses, and critique their own experiences in order to build new understandings. In this very personal and entertaining book, Manfred Kets de Vries, one of the "gurus" in the field of leadership studies offers his thoughts on leadership and life, reflections written for executives and the people who deal with them. As a psychoanalyst and leadership professor let loose in the world of renowned global organizations-as a passionate educator and scholar, or just a human being at the receiving end of heart-rending emails-he examines the pitfalls of leadership and the challenges for the professionals who work with senior executives in today's Al-focused world. He points out why leaders can derail, and what steps they can take to prevent this from happening. Ultimately, this book encourages you to "Know yourself," but makes no bones about the challenge it represents. Understanding our "inner theatre" will always be an uphill struggle. Kets de Vries points out why deep dives into our inner world are always fraught with many anxieties. Included in the many subjects covered by the author are the loneliness

of command, the management of disappointment, the destructive role of greed, the impact of stubbornness, the role of storytelling, the importance of wellness, and the role of corporate culture. In addition, the book addresses the important topic of how to create great teams and best places to work. Furthermore, the book touches on endings– the ending of our career and the growing realization of the inevitable ending of our life. As time grows short, Kets de Vries emphasizes that we have no time to lose in dealing with our anxieties, regrets, and the things we spend much of our life determined not to see. Taking a deep dive into self-knowledge requires courage and support, and he is here to guide you through it.