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Nota di contenuto	Chapter 1. The Microbiome, Probiotics and Prebiotics -- Chapter 2. Vitamins and Minerals in the Treatment of Acne Vulgaris -- Chapter 3. Oral Botanical Supplements -- Chapter 4. Topical Botanicals in Acne and Rosacea -- Chapter 5. Introduction to Essential Oils and Essential Oil Processing -- Chapter 6. Bee Products.-Chapter 7. Dietary Modifications for Acne and Rosacea -- Chapter 8. Mind-body Therapies -- Chapter 9. Functional Medicine Approaches -- Chapter 10. Ayurvedic Approaches to Acne and Rosacea -- Chapter 11. Traditional Chinese Medicine Approaches -- Chapter 12. Homeopathy in the Therapy of Acne and Rosacea. .
Sommario/riassunto	This book offers the most up-to-date and evidence-based information surrounding integrative treatments for acne and rosacea. Ranging from topical solutions, to nutrition, to mind-body medicine, each chapter addresses evidence for use and patient outcomes. Discussions regarding oral and topical botanical supplements and dietary modifications are complemented by the examination of non-Western healing systems' approach to acne and rosacea. Backed by clinical evidence, chapters feature real patient outcomes with complete explanations of the viability of the treatment. Concise and unique, Integrative Dermatology: Practical Applications in Acne and Rosacea, is an invaluable text for not only the dermatologist, but the pediatrician, family practitioner, internist, and holistic/alternative provider.

