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Autore	Gruber, Jonathan
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2. Record Nr.	UNINA9910484192603321
Titolo	Psychosocial Well-Being and Mental Health of Individuals in Marital and in Family Relationships in Pre- and Post-Genocide Rwanda / / edited by Immaculée Mukashema
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Soggetti	Mental health Systemic therapy (Family therapy) Social psychiatry Family policy Ethnology - Africa Culture Psychology - Qualitative research Mental Health Systems or Family Therapy Clinical Social Work Children, Youth and Family Policy African Culture Qualitative Psychology Família Benestar Aspectes psicològics Parella Genocidi Llibres electrònics Ruanda
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1. General Introduction -- 2. A Qualitative Research Approach to Psychosocial Well-Being and Mental Health of Individuals in Marital and in Family Relationships in Pre- and Post-Genocide Rwanda -- 3. An Overview of the Characteristics of Marital Life in Traditional Rwandan Society -- 4. Determinants of Marital Happiness as a Dimension of Marital Quality in Ancient Rwandan Society -- 5. Socio-cultural Causes of Marriage Destruction in Ancient Rwandan Society -- 6. Protective Factors of Marriage Lastingness in Traditional Rwandan Society -- 7. Prevention and Management of Destructive Marital Conflict in Pre-Genocide Rwandan Society -- 8. Intimate Partner Violence, Destructive Marital Conflict, Domestic and Family Violence in Post-Genocide Rwandan Society -- 9. Child- and Youth-Headed Households: An Alternative Solution to Chaotic Family Situation in Post-Genocide Rwandan Society -- 10. General Conclusion.

This book provides an in-depth examination of psychosocial marital well-being and mental health in traditional Rwandan society. It presents rich qualitative research conducted with men, women and elders, highlighting both the issues impacting marital conflict and domestic violence, and also how potential solutions might be drawn from traditional practices. In doing, so it provides a unique resource for researchers and policymakers seeking to develop evidence-based and culturally-informed mental health and psychosocial support interventions in low and middle income countries. It will appeal in particular to those working in the fields of public health, family psychology, social work, cross-cultural psychology and qualitative methodology. Immaculée Mukashema is Associate Professor of Psychology at the University of Rwanda. Dr. Mukashema's research specializations include public health, social pathology, family and marital conflict (and well-being), mental health, counseling, reconciliation sentiment and guilt attribution.