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Nota di contenuto	Menopause Management -- Breast Cancer Screening in Older Women -- Bone Health in Older Women -- Depression and Grief -- Caring for Caregivers -- Cancer Survivorship in Women 65 years and Older -- Obesity and aging -- Insomnia and Sleep Disorders in Older Women -- Pelvic Organ Prolapse -- Vulvar Pathology in Older Women -- Bladder and Bowel Continence in Older Women -- Sexual health and function in menopause and beyond. .
Sommario/riassunto	The number of Americans 65 years of age or older is projected to more than double to over 98 million by 2060, making them 24% of the overall population. Women constitute more than 50% of this group. Most clinicians who provide primary care for older women receive minimal training about their unique health issues and needs during residency however, and few resources exist to guide them regarding these issues in practice. This book provides user-friendly, evidence-based guidance to manage common challenges in healthcare for women during menopause and beyond, filling a huge and growing unmet need for primary care clinicians. Edited by a multidisciplinary team with content expert authors from family medicine, oncology, urogynecology, obstetrics and gynecology, psychology, and more, this

text provides clinically relevant information about important conditions impacting the health of older women, including suggested guidelines for management and helpful resources for patient counselling and care. The first half of the book covers general topics such as menopause, bone health, depression and grief, cancer survivorship, and obesity. The second half focuses on issues below the belt that are difficult to talk about, such as incontinence, vulvar pathology, and sexual health after menopause. While there is copious literature about the menopausal transition, few resources for clinicians exist about caring for women beyond the 6th decade. Challenges in Older Women's Health: A primer for clinicians provides focused, evidence-based information about high-yield topics for a too often neglected group of patients. .

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