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Nota di contenuto	SECTION A:SKIN HISTOLOGY AND PHYSIOLOGY IN COSMETIC DERMATOLOGY Chapter 1. Skin histology and physiology -- SECTION B: HOW TO EVALUATE A PATIENT IN COSMETIC DERMATOLOGY -- Chapter 2. Anamnesis and physical evaluation -- Chapter 3. Psychological approach -- Chapter 4. Evaluation and classification of aging -- Chapter 5. Approach in photodamaged skin, melasma, acne, rosacea -- Chapter 6. Facial and body medical files: pictures, dermoscopy, new emerging profile pre and post procedures imaging -- SECTION C: PHOTOPROTECTION -- Chapter 7. Concept, classification and mechanism of action -- Chapter 8. Chemical and physical sunscreens -- Chapter 9. Topical photoprotection in acne, photoaging and melisma -- Chapter 10. Oral photoprotection -- Chapter 11. Antioxidants and other products: interaction and efficacy -- Chapter 12. Vitamin D and photoprotection.-SECTION D: COSMECEUTICALS AND NUTRACEUTICALS -- Chapter 13. Introduction to cosmeceuticals and nutraceuticals -- Chapter 14. Cleansers -- Chapter 15. Retinoids --

Chapter 16. Hydroxyacids -- Chapter 17. Vitamins and other antioxidants -- Chapter 18. Anti-glicants -- Chapter 19. Botanical ingredients and other substances -- Chapter 20. Nutraceuticals in cosmetology -- SECTION E: SPECIAL PRESCRIPTIONS IN COSMETIC DERMATOLOGY -- Chapter 21. Cosmiatric approach for men -- Chapter 22. Cosmiatric approach for dark skin -- Chapter 23. Cosmiatric approach during pregnancy -- Chapter 24. Cosmiatric approach in patients with acne and rosacea -- Chapter 25. Cosmiatric approach for melisma -- Chapter 26. Cosmiatric approach for healthy and damaged hair -- Chapter 27. Cosmiatric approach for healthy and damaged nails -- Chapter 28. Issues concerning safety of topical cosmetics and nutraceuticals -- SECTION F: PROCEDURES IN COSMETIC DERMATOLOGY: INTRODUCTION -- Chapter 29. Chemical and Physical peelings -- Chapter 30. Lasers, lights and other technologies (RF, US) -- Chapter 31. Photodynamic therapy and Transepidermal drug delivery -- Chapter 32. Botulinum toxins -- Chapter 33. Fillers. .

Sommario/riassunto

The series "Clinical Approaches and Procedures in Cosmetic Dermatology" intends to be a practical guide in Cosmetic Dermatology. Procedures in cosmetic dermatology are very popular and useful in medicine, indicated to complement topical and oral treatments not only for photodamaged skin but also for other dermatosis such as acne, rosacea, scars, etc. Also, full-face treatments using peelings, lasers, fillers and toxins are increasingly being used, successfully substituting or postponing the need for plastic surgeries. Altogether, these techniques not only provide immediate results but also help patients to sustain long-term benefits, both preventing/treating dermatological diseases and maintaining a healthy and youthful skin. Throughout this series, different treatments in Cosmetic Dermatology will be discussed in detail covering the use of many pharmacological groups of cosmeceuticals, the new advances in nutraceuticals and emerging technologies and procedures. This volume, entitled "Daily Routine in Cosmetic Dermatology" will be an important tool for aesthetic doctors, practicing dermatologists, plastic surgeons, and all other physicians interested in the field of aesthetic medicine. It discloses in detail the semiology and general treatments in cosmetic dermatology, providing the state-of-the-art regarding patients' evaluation, photoprotection, nutraceuticals and cosmeceuticals and special prescriptions. Also check the other volumes: Volume II - Chemical and Physical Peelings Volume III - Lasers, Lights and Other Technologies Volume IV - Botulinum Toxins, Fillers and Related Substances.
