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Titolo	Tendinopathy : from basic science to clinical management // Kentaro Onishi, Michael Fredericson, Jason L. Dragoo, editors
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Descrizione fisica	1 online resource (XII, 374 p. 50 illus. in color.)
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Soggetti	Tendons Tendons - Diseases Tendinitis Reumatologia Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Nota di contenuto	Biological and Biomechanical Adaptation of Young and Aging Tendons to Exercise -- The Pathogenic Mechanisms of Tendinopathy -- Rotator Cuff Tendon -- Biceps Tendon -- Common Extensor Tendon/Common Flexor Tendon -- Tendons in Wrist and Hand -- Rectus Abdominis and Hip Adductor Tendon -- Proximal Hamstring Tendinopathy -- Lateral Gluteal Tendinopathy -- Quadriceps Tendon -- Patellar Tendinopathy -- Distal Hamstring, Pes Anserine, Popliteal Tendinopathy -- Peroneal Tendinopathy -- Anterior/Dorsal Ankle Tendons -- Medial Ankle/Plantar Foot Tendinopathy -- Achilles Tendon -- Plantar Fascia -- Office-Based Mechanical Procedures for Tendons -- Office-Based Orthobiologic Procedures for Tendons -- Emerging In-Office Procedures: Chemical Ablation, Dextrose Hyperosmolar Injections -- Emerging Operative Procedures for Tendons.
Sommario/riassunto	This comprehensive office guide will provide up-to-date diagnostic and management information for various tendinopathies seen in the clinic. Opening chapters discuss the basic science of tendons: physiology, pathophysiology and biomechanics, including mechano-transduction. Subsequent chapters focus anatomically on both the upper and lower

extremities, from the rotator cuff to the wrist and hand, and from the groin and gluteus down to the foot and ankle. Each of these chapters follows a concise, easy-to-use format, consisting of an introduction followed by clinical presentation, physical examination, imaging and radiographic grading, and treatment strategies both surgical and non-surgical, including indications for surgical referral. The concluding chapters present emerging mechanical, orthobiologic and chemical in-office procedures as well as emerging operative techniques. Practical and user-friendly, Tendinopathy will be an excellent resource for sports medicine specialists, orthopedic surgeons, physical therapy and rehabilitation specialists, and any other clinicians treating these common athletic injuries.
