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ISBN	3-030-55688-3
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Descrizione fisica	1 online resource (267 pages)
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Formato	Materiale a stampa
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. Ayahuasca as an Unusually Versatile Therapeutic Agent: From Molecules to Meta-cognition and Back -- 2. New Evidence of the Antidepressant Effects of Ayahuasca -- 3. Psychedelic Medicines and Their Role in Shifting the Paradigm from Pharmacological Substitution Towards Transformation-Based Psychiatry -- 4. Ayahuasca and its Potential Role in Psychotherapy -- 5. A Qualitative Assessment of Risks and Benefits of Ayahuasca for Trauma Survivors -- 6. Ayahuasca and Childhood Trauma: Potential Therapeutic Applications and Risks -- 7. Ayahuasca and Cognition -- 8. Healing with the Brew: Ayahuasca's Reconfiguration of "Addiction" -- 9. Ayahuasca Ritual Healing as an Addiction Treatment in Catalonia: Combining Cognitive and Cultural Perspectives -- 10. Perspectives on Healing and Recovery from Addiction with Ayahuasca-Assisted Therapy Among Members of an Indigenous Community in Canada -- 11. Ayahuasca as a Healing Tool Along the Continuum of Recovery from Eating Disorders -- 12. The Therapeutic Use of Ayahuasca in Grief -- 13. Depression, Anxiety and Sorcery: An Interview with Shipibo Healer Jose Lopez.
Sommario/riassunto	This book offers a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various disorders. This book presents biomedical and anthropological data on the use of

ayahuasca and provides critiques on how it is used for treating depression, PTSD, anxiety, substance dependence, and eating disorders. The volume also explores ayahuasca's role in the psychological well-being and quality of life of humans, and discusses possibilities of it enhancing cognition and coping with grief. The book examines ayahuasca's association with psychotherapy and also highlights the challenges of integrating plant medicines into psychiatry. Further, the book expands on some preliminary research with animals, suggesting that ayahuasca acts at multiple levels of neural complexity. The study on the neurogenic effects of ayahuasca alkaloids opens a new avenue of research with potential applications ranging from psychiatric disorders to brain damage and dementia. Psychologists, psychiatrists, and other mental health professionals will find this book relevant to their work regarding substance abuse and alternative medicine.
