

1. Record Nr.	UNINA9910483652103321
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Titolo	NATO's Expansion After the Cold War : Geopolitics and Impacts for International Security // by Jan Eichler
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2021
ISBN	3-030-66641-7
Edizione	[1st ed. 2021.]
Descrizione fisica	1 online resource (184 pages) : illustrations
Collana	Global Power Shift, , 2198-7351
Disciplina	327.1
Soggetti	Security, International Politics and war International relations - History International Security Studies Military and Defence Studies Diplomatic and International History
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction: A New bipolarisation of Europe -- The NATO Post-Cold War Enlargement: Realist and Neorealist Approaches -- From Hamburg and Munich to Tallinn and Burgas -- From the War Against Georgia to the Annexation of the Crimea and the Following Increase of Military Tension -- The Growing Militarisation of the Baltic and Black Sea Areas After the End of the Cold War -- American Military Doctrines of the New Generation -- Conclusion: Waiting for a New Gorbachev and for a New Reagan.
Sommario/riassunto	This book analyses the expansion of The North Atlantic Treaty Organization (NATO) into the post-Soviet space after the end of the Cold War. Based on an extensive analysis of the literature and government documents, including doctrines, statements and speeches by the most influential decision-makers and other actors, it sheds new light on the geopolitical and geostrategic context of the expansion of the military alliance, and assesses its impact on international security relations in Europe. The first chapter introduces readers to the neo-realist approach and develops the methodological basis of the book.

The following chapters provide a historical overview of the causes and consequences of two waves of eastward NATO enlargement. Special attention is paid to the annexation of the Crimea and to Russian hybrid-asymmetric warfare. Finally, thirty years after the end of the Cold War, the book notes a disturbing return to militarization in international security relations. To counter this process, the author calls for a reduction of current international tensions and a new policy of détente.

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