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Nota di contenuto	Part 1: Introduction and Theory Chapter 1: Introduction Chapter 2: Work-life Border Control Model: A Re-think of Border Theory Part 2: Africa and the Arab World Chapter 3: The Role of Culture in the Work-Life Border Management: An Insight from Ghanaian Married Female Workers in the Formal Sector Chapter 4: Work-Life Balance in Kenya: A Systematic Review of Literature Chapter 5: The Myth and the Reality of Work-life Balance in Nigeria Chapter 6: The Work-life Balance of Younger and Older Indian Women Managers in Corporate South Africa Chapter 7: The Nexus between Work-life Balance and Gender Role in Egypt Chapter 8: Work-life Balance Outlook in Saudi Arabia Part 3: Asia Chapter 9: Work-Life Conflict in China: A Confucian Cultural Perspective Chapter 10: Work-life Balance in India: Policy, Practices, and the Road Ahead Chapter 11: The implicit and explicit influence on work-life balance in Malaysia Chapter 12: Pakistani Women and Traditional Values: The Role of Culture in Work-Life Balance Part 4: South America Chapter 13: Towards Achieving a Meaningful Balance between Work and Private Life: Insights from Argentine Workers
Sommario/riassunto	In today's globalised world economy, it is becoming increasingly pressing to shine a light on the interface of work and private life. In order to fully understand the issue we must take an inclusive view and

not limit our understanding to Western perspectives. This contributed volume encompasses research and perspectives from the global south, including Sub-Saharan Africa, Asia and South America. In doing so, this collection fills a gap in existing literature to give a broader view of the topic.
