Record Nr. UNINA9910483563903321 Autore Smokovski Ivica Titolo Managing diabetes in low income countries: providing sustainable diabetes care with limited resources / / Ivica Smokovski Pubbl/distr/stampa Cham, Switzerland: ,: Springer, , [2021] ©2021 **ISBN** 3-030-51469-2 Edizione [1st ed. 2021.] 1 online resource (XII, 109 p. 28 illus. in color.) Descrizione fisica Disciplina 616.46206 Diabetes - Treatment Soggetti Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di contenuto Burden of Diabetes Prevalence -- Diabetes Drivers -- Impact of Diabetes Complications -- Cost-effectiveness of Available Diabetes Treatments -- Cost-effectiveness of Monitoring Metabolic Control --Influence of Pharmaceutical Industry -- Promise of Nutrition --Importance of Structured Diabetes Education -- Benefits of Centralized e-Health System in Diabetes Care -- Focus on Diabetes Prevention. Sommario/riassunto This book covers the complexity of diabetes and related complications and presents the socio-economic burden of the disease, taking into account the rising prevalence reaching pandemic proportions and the associated costs. Factors causing high diabetes prevalence and the influence of the pharmaceutical industry are evaluated and solutions for sustainable diabetes care with limited resources are provided, including national focus on providing cost-effective diabetes treatment, nutrition and physical activity, structured diabetes education and centralized National e-Health System. Moreover, elaboration of long-term efforts to curb the diabetes burden through prevention activities are presented in this book. Managing Diabetes in Low Income Countries represents an essential guide for diabetes care clinicians and researchers, medical students and clinicians in training, diabetes policy makers, regulatory authorities, international diabetes and patient organisations all of

whom are involved in current clinical practice for diabetes

management.