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Autore	Jensen Meg
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Nota di contenuto	1. The Negotiated Truth -- 2. Valuing the Witness: Typologies of Testimony -- 3. Time, Body, Memory: The Staged Moment in Posttraumatic Letters, Journals, Essays and Memoirs -- 4. What it is like: Fiction, Fear and Narratives of Feeling in Posttraumatic Autobiographical Novels -- 5. Speaking In and Speaking Out: Posttraumatic Poetry and Autography -- 6. Annihilation and Integration in Collective Posttraumatic Monuments, Testimonies and Literary Texts -- 7. The Art and Science of Therapeutic Innovation: Hope for PTSD Sufferers Today and Tomorrow.

This book examines posttraumatic autobiographical projects, elucidating the complex relationship between the 'science of trauma' (and how that idea is understood across various scientific disciplines), and the rhetorical strategies of fragmentation, dissociation, reticence and repetitive troping widely used in the representation of traumatic experience. From autobiographical fictions to prison poems, from witness testimony to autobiography, and from testimonio to war memorials, otherwise dissimilar projects speak of past suffering through a limited and even predictable discourse in search of healing. Drawing on approaches from literary, human rights and cultural studies that highlight relations between trauma, language, meaning and selfhood, and the latest research on the science of trauma from the fields of clinical, behavioral and evolutionary psychology and neuroscience, I read such autobiographical projects not as 'symptoms' but as complex interrogative negotiations of trauma and its aftermath: commemorative and performative narratives navigating aesthetic, biological, cultural, linguistic and emotional pressure and inspiration.
