

1. Record Nr.	UNINA9910483224903321
Titolo	Gender and Mental Health : Combining Theory and Practice // edited by Meenu Anand
Pubbl/distr/stampa	Singapore : , : Springer Singapore : , : Imprint : Springer, , 2020
ISBN	9789811553936 981-15-5393-9
Edizione	[1st ed. 2020.]
Descrizione fisica	1 online resource (278 pages) : illustrations
Disciplina	616.89
Soggetti	Sociology Social work Psychiatry Salut mental Psiquiatria Estudis de gènere Trell social Gender Studies Social Work Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Understanding Gender and Mental Health -- Gender, Depression and Emotion: Arguing for a De-Colonized Psychology -- Women with Mental Illness: A Psychosocial Perspective -- Gender Roles in Mental Health: A Stigmatized Perspective -- Understanding and Locating Mental Health in a Cross-Cultural Context: Indigenous Community Perspectives -- Mental Health Aspects of the '#MeToo Movement': Challenges and Opportunities -- The Intersectionality of Gender, Disability and Mental health.
Sommario/riassunto	This book focuses on various aspects of gender and mental health. Drawing on multidisciplinary perspectives and scholarship, it summarizes the complex intertwining of illness and culture in the context of the rising frequency of mental disorders. The book is divided

into three sections, the first of which examines the fundamental and conceptual underpinnings of mental health, well-being and wellness from a gender perspective, in order to present an overview of mental health through a holistic gender lens. The second section focuses on the mental health scenario in India, examining the epidemiological data and etiology of mental illness from a psychosocial standpoint. Lastly, the third section shares field-based narratives that reflect the multifaceted challenges related to the treatment of mental illness, inclusion and the promotion of positive mental health. It also includes success stories in diverse settings. The book is an indispensable read for scholars and professionals in psychology, sociology, gender studies and social work.
