

1. Record Nr.	UNINA9910483190403321
Autore	Zevnik Luka
Titolo	Critical Perspectives in Happiness Research : The Birth of Modern Happiness // by Luka Zevnik
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2014
ISBN	3-319-04403-6
Edizione	[1st ed. 2014.]
Descrizione fisica	1 online resource (165 p.)
Disciplina	150.1988 152.42 300 306
Soggetti	Quality of life Positive psychology Quality of Life Research Positive Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction: Towards a Critical Perspective in Happiness Research -- Chapter 1. Overview of Happiness Research -- Chapter 2. Happiness, Culture and Relations of Power -- Chapter 3. The Return to Happiness: A New Interdisciplinary Approach to Happiness Research -- Chapter 4. Middle Ages: The Time before Happiness -- Chapter 5. The Origins of Happiness in Renaissance and Reformation -- Chapter 6. The Birth of Modern Happiness -- Chapter 7. The Evolution of Happiness: Development of Happiness from its Birth to its Contemporary Manifestations -- Chapter 8. Conclusion: Modernization as the Collective Pursuit of Happiness. .
Sommario/riassunto	This book presents an interdisciplinary exploration of the origins of happiness in the modern Western culture and makes the argument that happiness is not universal but is instead a culturally and historically specific experience, characteristic only to the Western world. It begins with an overview of the main research approaches to happiness and then studies the important but elusive theme in the context of culture

and relations of power. The second part of the book analyses the social, religious, ethical and political processes that lead to the emergence of the experience of happiness, including consumer culture in contemporary societies. It presents an analysis of the medieval Christian experience which concludes that the modern experience of happiness only emerged in the 17th and 18th century, when the ideal of human existence increasingly started to be pursued in the present life. In its conclusion, this book explores the concept of modernization as the collective pursuit of happiness.
