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Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	PART I. Team Sports -- Chapter 1. American Football -- Chapter 2. Baseball, Softball, Cricket -- Chapter 3. Basketball -- Chapter 4. Field hockey -- Chapter 5. Gymnastics (artistic, rhythmic, trampoline) -- Chapter 6. Handball -- Chapter 7. Ice hockey -- Chapter 8. Rugby -- Chapter 9. Football (Soccer) -- Chapter 10. Team Sports; Volleyball (indoor, beach) -- Chapter 11. Team Sports; Waterpolo -- PART II. Individual Sports -- Chapter 12. Athletics, Sprints, hurdles, high jump, long jump, triple jump, distance running -- Chapter 13. Boxing -- Chapter 14. Climbing -- Chapter 15. Gym (CrossFit, spinning, aerobics) -- Chapter 16. Cycling (BMX, Mountain, Road, Track) -- Chapter 17. Dancing -- Chapter 18. Equestrian (dressage, eventing, jumping) -- Chapter 19. Fencing -- Chapter 20. Field Sports Throwing Injuries -- Chapter 21. Judo, Karate, and Taekwondo -- Chapter 22. Golf -- Chapter 23. Luge, bobsleigh, skeletonLuge, bobsleigh, skeleton -- Chapter 24. Marathon -- Chapter 25. Shooting Sports (archery, rifle) -- Chapter 26. Skating, Speed Skating, Figure Skating -- Chapter 27. Skiing (Alpine, Nordic, Road, Track) -- Chapter 28. Sumo -- Chapter 29. Individual Sports; Swimming, open water swimming, and Diving -- Chapter 30. Individual Sports; Tennis, Badminton, Racquetball, Squash -- Chapter 31. Individual Sports; Triathalon -- Chapter 32. Individual Sports; Weightlifting -- Chapter 33. Individual Sports; Wrestling -- Part

III. Special Aspects In Sports Injuries -- Chapter 34. Special Aspects in Sports Injuries: Mental Health Concerns in Athletes -- Chapter 35. Special Aspects in Sports Injuries; Radiological Assessment of Sports Injuries -- Chapter 36. Patient Reported-Outcomes Tailored To Sports Medicine.

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Sommario/riassunto

This book offers a comprehensive and detailed overview of specific sports-related injuries and a valuable guide for decision-making to establish the best strategies to prevent and manage such injuries. As a thorough understanding of each sports modality plays a key role, both in injury prevention and management, a dedicated chapter is devoted to each sports discipline. An international panel of authors examines all most popular individual and team sports – including athletics, swimming, combat sports, cycling, tennis, American football, baseball, basketball, soccer and volleyball, just to mention a few. Three additional chapters present special aspects related to sports injuries: mental health concerns in athletes, radiological assessment and patient reported-outcomes tailored to sports medicine. All chapters share a consistent format, starting with a brief presentation of the sport and its history, and then discussing its dynamics, physical demands on the athlete, common sports-related injuries, biomechanics of injuries, first aid on the field, and injury prevention. This book offers valuable resource to orthopaedists, sports physicians as well as physiotherapists practicing in the field of sports-related injuries.

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