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|----|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. | Record Nr.              | UNINA990004580730403321                                                                                                                           |
|    | Autore                  | Colson, Jean                                                                                                                                      |
|    | Titolo                  | L'evêque dans les communautés primitives : tradition paulinienne et Tradition johannique de l'Épiscopat des Origines à saint Irénée / Jean Colson |
|    | Pubbl/distr/stampa      | Paris : Les éditions du Cerf, 1951                                                                                                                |
|    | Descrizione fisica      | 134 p. ; 21 cm                                                                                                                                    |
|    | Collana                 | Unam sanctam ; 21                                                                                                                                 |
|    | Locazione               | FLFBC                                                                                                                                             |
|    | Collocazione            | 5/XV I 1                                                                                                                                          |
|    | Lingua di pubblicazione | Italiano                                                                                                                                          |
|    | Formato                 | Materiale a stampa                                                                                                                                |
|    | Livello bibliografico   | Monografia                                                                                                                                        |
| 2. | Record Nr.              | UNINA990001857870403321                                                                                                                           |
|    | Autore                  | Dolfino, Alvise                                                                                                                                   |
|    | Titolo                  | Vero modo di seminare il formento con il seminatojo perfezionato, sperimentato, e ridotto a facilità, ed in pratica / [Alvise Dolfino]            |
|    | Pubbl/distr/stampa      | In Bassano : nella stamperia Remondini, 1771                                                                                                      |
|    | Descrizione fisica      | 23, [1] p., [1] c. di tav. ; 4°                                                                                                                   |
|    | Locazione               | FAGBC                                                                                                                                             |
|    | Collocazione            | 60 094.2 B 125                                                                                                                                    |
|    | Lingua di pubblicazione | Italiano                                                                                                                                          |
|    | Formato                 | Materiale a stampa                                                                                                                                |
|    | Livello bibliografico   | Monografia                                                                                                                                        |
|    | Note generali           | Indicazione di pubblicazione dalla licenza di stampa a c. A12r. a Gio. Battista Remondini                                                         |

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| 3. | Record Nr.              | UNISA990002009230203316                                                                    |
|    | Autore                  | QUIROGA OBREGÓ, Marcelo                                                                    |
|    | Titolo                  | A necessidade da aplicação do direito comunitario no Mercosul / Marcelo F. Quiroga Obregón |
|    | Pubbl/distr/stampa      | Rio de Janeiro : Lumen Juris, 2004                                                         |
|    | ISBN                    | 85-7387-499-6                                                                              |
|    | Descrizione fisica      | XX, 304 p. ; 21 cm                                                                         |
|    | Soggetti                | Mercosur<br>America meridionale Integrazione economica                                     |
|    | Collocazione            | XXIII.2.D. 372 (IG VIII 10 SP 929)                                                         |
|    | Lingua di pubblicazione | Non definito                                                                               |
|    | Formato                 | Materiale a stampa                                                                         |
|    | Livello bibliografico   | Monografia                                                                                 |
| 4. | Record Nr.              | UNINA9910482769803321                                                                      |
|    | Autore                  | Anon                                                                                       |
|    | Titolo                  | [Calendarium anno 1611] ved Davidem Herlicium .. [[electronic resource]]                   |
|    | Pubbl/distr/stampa      | Copenhagen, : [s.n.], 1611                                                                 |
|    | Descrizione fisica      | Online resource ([16] bl.)                                                                 |
|    | Lingua di pubblicazione | Danese                                                                                     |
|    | Formato                 | Materiale a stampa                                                                         |
|    | Livello bibliografico   | Monografia                                                                                 |
|    | Note generali           | Reproduction of original in Det Kongelige Bibliotek / The Royal Library (Copenhagen).      |

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| 5. Record Nr.           | UNINA9911018751403321                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Autore                  | Hassmen Peter                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Titolo                  | Emotion control strategies for peak performance in neurodivergent brains : wired to thrive / / Peter Hassmen, Emily Hindman                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Pubbl/distr/stampa      | Cham : , : Springer Nature Switzerland : , : Imprint : Palgrave Macmillan, , 2025<br>©2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| ISBN                    | 9783031954337<br>9783031954320                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Edizione                | [1st ed. 2025.]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Descrizione fisica      | 1 online resource (xii, 171 pages) : illustrations                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Collana                 | Global Perspectives in Applied Sport and Performance Psychology, , 3004-9679                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Disciplina              | 158                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Soggetti                | Emotions<br>Neurodivergent people - Psychology<br>Performance - Psychological aspects                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Lingua di pubblicazione | Inglese                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Formato                 | Materiale a stampa                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Livello bibliografico   | Monografia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Nota di contenuto       | Chapter 1: Embracing Emotional Regulation in Peak Performance -- Chapter 2: The Two Faces of Performance Anxiety -- Chapter 3: Self-Regulation Strategies for Repetitive Thoughts -- Chapter 4: A Strengths-Based Approach to Attentional Regulation -- Chapter 5: Sensory Sensitivity and Strengths in Autism -- Chapter 6: Skills to Manage Traits of Vulnerable Narcissists -- Chapter 7: Integrating Peak Performance and Wellbeing.                                                                                                                                                                                                                                                                                                                                  |
| Sommario/riassunto      | This unique book shows how traits and emotional patterns, often seen as barriers, can be transformed into powerful assets for success. Through fascinating case studies and science-backed strategies, readers learn to regulate emotions, build emotional resilience, sharpen focus, and achieve personal and professional excellence. Each chapter delivers practical tools for strengthening emotional regulation, addressing negative thinking, and improving adaptability. Core theories—including Maslow's hierarchy of needs, Csikszentmihalyi's flow, and Hanin's individual zone of optimal functioning—are brought to life through real-world examples, making complex ideas accessible and actionable. Promoting a neurodiversity-affirming approach, the book |

invites readers to move beyond deficit thinking and unlock the full potential of individual strengths. Structured reflection, measurable progress tracking, and tailored environment design are essential to long-term performance and wellbeing. Whether you are an athlete, entrepreneur, healthcare professional, academic, or leader, this book challenges you to redefine success. Excellence is not about perfection or pressure but adaptability, emotional mastery, and sustainable growth. This is your vital guide to flourishing, even when the pressure is at its highest. It is packed with ideas and practical solutions that you can tailor to your specific journey. Dr Peter Hassmén is a Professor of Psychology at Southern Cross University, Australia, where he contributes to the Faculty of Health, focusing on mental health and wellbeing. He earned his PhD in psychology from Stockholm University, Sweden, in 1991 and was promoted to professor in 2001. Peter has authored over 150 peer-reviewed research articles and ten books throughout his academic career. Dr Emily Hindman is a Clinical Neuropsychologist, Clinical Psychologist, and Adjunct Associate Professor at Southern Cross University, Australia. Emily is a committed advocate for neurodiverse individuals and a leading voice in strength-based, neurodiversity-affirming approaches to psychological wellbeing. She brings over 15 years of experience supporting both children and adults with complex mental health and neurodevelopmental conditions, including anxiety, attention-deficit/hyperactivity disorder, autism spectrum disorder, obsessive-compulsive disorder, and trauma-related disorders. .

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