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Note generali	Companion to: The essential counselor and its accompanying DVD of professionally demonstrated skills.
Nota di contenuto	Cover; Contents; Preface - A Note To Students; 1 - Getting Started; 2 - Giving and Receiving Feedback; 3 - Getting Started With a New Client; 4 - Using Questions to Engage and Fact-Find; 5 - Using Reflections for Engagement and for the Exploration of Feeling; 6 - Using Little Tools With Big Effect; 7 - Hunches, Challenges, and the Use of Paradox; 8 - Making It Personal; 9 - Ethical and Cultural Issues; 10 - Dealing With Crisis; 11 - Working With a Reluctant Client; 12 - Putting It All Together; About the Author
Sommario/riassunto	A practical guide for students who are working on improving their counseling skills. Designed as a companion to 'The Essential Counselor' and its accompanying DVD of professionally demonstrated skills, this manual works directly with the student, offering a discussion of each skill set along with examples and practice exercises.