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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Foreword: Common Problems in Primary Care; Part I: MODELS AND CONCEPTS FOR MIND-BODY MEDICINE; 1 - Mind-Body Medicine, Evidence-Based Medicine, Clinical Psychophysiology, and Integrative Medicine; 2 - The High Risk Model of Threat Perception and the Trojan Horse Role Induction: Somatization and Psychophysiological Disease; 3 - Psychophysiological Foundations of the Mind-Body Therapies; 4 - Complementary, Alternative, and Integrative Medicine; 5 - The Placebo Effect and Its Use in Biofeedback Therapy 6 - A Comprehensive Approach to Primary Care Medicine: Mind and Body in the Clinic 7 - Professional Ethics and Practice Standards in Mind-Body Medicine; Part II: BASIC CLINICAL TOOLS; 8 - Biofeedback and Biological Monitoring; 9 - Neurofeedback, Neurotherapy, and Quantitative EEG; 10 - Progressive Relaxation, Autogenic Training, and Meditation; 11 - Hypnotherapy; 12 - Cognitive-Behavioral Therapies for the Medical Clinic; 13 - Acupuncture; 14 - Spirituality and Healing; Part III: APPLICATIONS TO COMMON DISORDERS; 15 - The Biobehavioral Treatment of Headache 16 - Temporomandibular Disorders and Facial Pain 17 - Asthma; 18 - Coronary Disease and Congestive Heart Disorder; 19 - Back Pain:

Musculoskeletal Pain Syndrome; 20 - The Metabolic Syndrome: Obesity, Type 2 Diabetes, Hypertension, and Hyperlipidemia; 21 - Functional Bowel and Anorectal Disorders; 22 - Urinary Incontinence; 23 - Fibromyalgia; 24 - Chronic Fatigue Syndrome; 25 - Attention Deficit Hyperactivity Disorder; 26 - Anxiety Disorders; 27 - Mood Disorders; 28 - Sleep and Sleep Disorders; 29 - Rheumatoid Arthritis; 30 - Premenstrual Syndrome and Premenstrual Dysphoric Disorder
31 - Caring for the Person With a Chronic Condition
Part IV: EDUCATION FOR MIND-BODY MEDICINE; 32 - Medical Education for Mind-Body Medicine; 33 - Nursing Education for Mind-Body Nursing; 34 - The Professional Role and Education of Physician Assistants in Mind-Body Medicine; 35 - The Behavioral Health Provider in Mind-Body Medicine; 36 - Existential and Spiritual Dimensions of Primary Care: Healing the Wounded Soul; Author Index; About the Editors; About the Contributors

Sommario/riassunto

Emphasizing the concepts and technologies of clinical psychophysiology in providing an evidence-based empirical approach to problems of patients in primary care medicine, this text has a bio-psychosocial perspective.
