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Titolo	Addiction recovery tools [[electronic resource]] : a practitioner's handbook / / edited by Robert Holman Coombs
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Altri autori (Persone)	CoombsRobert H
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Preface; PART I: MOTIVATIONAL TOOLS; 1 - Motivational Intervention; 2 - Motivational Interviewing; 3 - Computer-Assisted Interventions; PART II: MEDICAL PHARMACEUTICAL TOOLS; 4 - Detoxification; 5 - Medications; 6 - Disease Orientation; 7 - Drug Testing; PART III: COGNITIVE-BEHAVIORAL TOOLS; 8 - Recovery Contracts; 9 - Contingency Management; Cue Exposure Treatment.; 10 - Cue Exposure Treatment; 11 - Affect-Regulation Coping-Skills Training; PART IV: PSYCHOSOCIAL TOOLS; 12 - Lifestyle Planning and Monitoring; 13 - Individual Therapy; 14 - Group Therapy; 15 - Peer Support 16 - Family TreatmentPART V: HOLISTIC TOOLS; 17 - Nutritional Counseling; 18 - Meditation; 19 - Spirituality Enhancement; 20 - Acupuncture; PART VI: USING RECOVERY TOOLS IN VARIOUS SETTINGS AND PROGRAMS; 21 - Harm Reduction Programs; 21 - Harm Reduction Programs; 22 - Matching Clients With Recovery Tools; INDEX; About the Editor; About the Contributors
Sommario/riassunto	This practical handbook gathers addiction recovery tools (both eastern

and western) into one single volume and provides practitioners with an easy-to-read how-to book on when and how to use the different recovery tools available.
