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Nota di contenuto	BOOSTING ALL CHILDREN'S SOCIAL AND EMOTIONAL BRAIN POWER- FRONT COVER; BOOSTING ALL CHILDREN'S SOCIAL AND EMOTIONAL BRAIN POWER; CONTENTS; ACKNOWLEDGMENTS; ABOUT THE AUTHOR ; INTRODUCTION; SECTION 1: UNDERSTANDING AND MOBILIZING THE BRAIN'S INHERENT SOCIAL AND EMOTIONAL POWER; CHAPTER 1: WHAT YOU REALLY NEED TO KNOW ABOUT THE BRAIN!; CHAPTER 2: A CLOSER LOOK AT CHILDREN'S SKILLS; CHAPTER 3: FACILITATING WITH THE BRAIN IN MIND AND ENTHUSIASM AT HEART; SECTION 2: BUILDING A COMMUNITYOF SELF-AWARE, KIND, AND PATIENT CHILDREN CHAPTER 4: THE CHOICE BRAIN VERSUS THE LION BRAIN: SELF- AWARENESS, CALM, AND IMPULSE CONTROLCHAPTER 5: THE MIND'S HIDDEN TREASURES: EFFORTS, SKILLS, SELF-WORTH, AND SELF- CONFIDENCE; SECTION 3: MAKING EMPATHY, CONSEQUENCE THINKING, RESPECT, AND RESPONSIBILITY MORE EASILY ACCESSIBLE IN CHILDREN'S BRAINS; CHAPTER 6: SHRINKING POWER: KEEPING PROBLEMS SMALL; CHAPTER 7: DOUBLE-VISION POWER: COMPASSION COMES FROM A BROADER PERSPECTIVE; CHAPTER 8: ANCHORING POWER: RAIN OR SHINE, I CHOOSE TO BE ME; CHAPTER 9: FORESIGHT POWER:

CONSIDERING THE FUTURE IMPLICATIONS OF OUR CHOICES
SECTION 4: EMPOWERING YOUNG PEOPLE TO COMPETENTLY NAVIGATE
RECURRING INTERACTIONS SUCH AS BULLYING AND TEASING
CHAPTER 10: SEEING COMPLEX RELATIONSHIPS IN ACTION; CHAPTER 11:
CONCLUSION; APPENDIX 1: A NOTE ABOUT THE BRAIN POWERS
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Sommario/riassunto

For a child to thrive in school today and succeed in life tomorrow, there is no more important quality than social and emotional intelligence. Since children's brains are still developing during the K-12 years, educators can positively influence students' development, including strengthening essential skills such as empathy, self-management and problem-solving. Dr. Marie-Nathalie Beaudoin, one of the world's leading experts on children and brain development, shares award-winning techniques that connect with students' lives and concerns.
