

1. Record Nr.	UNINA9910480930103321
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Titolo	A practical approach to trauma [[electronic resource] ] : empowering interventions // Priscilla Dass-Brailsford
Pubbl/distr/stampa	Thousand Oaks, Calif. ; ; London, : SAGE, c2007
ISBN	1-322-30614-1 1-4522-0412-8 1-4522-2263-0
Descrizione fisica	1 online resource (385 p.)
Disciplina	616.852106
Soggetti	Post-traumatic stress disorder Psychic trauma Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Preface; Acknowledgments; 1 - Overview of Trauma; 2 - Assessment of PTSD, ASD, and DESNOS; 3 - Models of Trauma Treatment; 4 - Empowering Interventions; 5 - Crisis Interventions; 6 - Group Psychotherapy for Trauma Survivors; 7 - Community Trauma and Working in the Schools; 8 - Traumatic Stress Debriefing With Adults; 9 - Children and Adolescents; 10 - Treating Interpersonal Violence; 11 - Treating Political Refugees; 12 - Terrorism; 13 - Natural Disasters; 14 - Helping the Helper; Appendix I: Common Reactions to Trauma; Appendix II: Coping With Trauma Appendix III: Coping With Grief and Loss Appendix IV: Helping Children Cope With Loss and Grief; Appendix V: Client Safety and Self-Care Worksheet; Appendix VI: Deep/Diaphragmatic Breathing; Appendix VII: Progressive Muscle Relaxation; Appendix VIII: Stages of Burnout; Appendix IX: Counselor Self-Care; Appendix X: Trauma Assessment Tools for Adults; Appendix XI: Trauma Assessment Tools for Children and Adolescents; Index; About the Author
Sommario/riassunto	This volume increases our understanding of the field of trauma and of the impact of stress and violence on the human psyche. It discusses an overview of the field of trauma, which includes a history of the field,

theoretical perspectives and methods that provide a paradigm for stage appropriate, culture-based therapy.

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