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Coping: Jake"; "Bullying and the Three Identities"; "Providing Opportunities for Adaptation"; "Substitutions for Bullies"; "Substitutions for Victims"; "Chapter 7 - Assessing Resilience"; "The Resilient Youth Strengths Inventory"; "Evaluating Fairly"; "Chapter 8 - Translating the Results of the Resilient Youth Strengths Inventory"; "Pandas Shoot"; "Chameleons Score"; "Leopards Win"; "Using Results to Inform Our Efforts"; "Conclusion: The Need for Change"; "References"; "Index"

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Sommario/riassunto

This resource offers counseling strategies to promote adolescents' overlooked strengths and create healthy alternatives to problem behaviors such as bullying, drug use, violence, and promiscuity.

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