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Human Potential Movement Behaviorism; Marriage and Family Therapy; Sex Therapy; Hypnotherapy; Contemporary Factors That Influence Individual Views on the Use of Touch in Psychotherapy; Psychotherapists are Members of the Wider Culture; Touch and Taboo; The Taboo of Touch within Psychotherapy; Despite a Hostile Environment, Touch is Used in Psychotherapy; Our Position on the Use of Touch in Psychotherapy; Recommendations for the Field of Psychotherapy; Recommendations to the Reader; Summary; Part II - Clinical Application of Touch in Psychotherapy
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To Provide Real or Symbolic Contact To Provide Nurturance; To Facilitate Access to, Exploration of, and Resolution of Emotional Experiences; To Provide Containment; To Restore Touch as a Significant and Healthy Dimension in Relationships; Summary; Chapter 7 - The Dynamics of Touch When Applied in Psychotherapy; Initial Considerations; Touch and the Variability of Meaning; Accidental Touch; Task-Oriented Touch; Attentional Touch; Touch for Greeting and Departure; Referential Touch; Courtesy Touch; Celebratory/Affectional Touch; Emotional/Expressive Touch; Appreciative Touch; Reinforcing Touch Supportive Touch

Sommario/riassunto

Is the bias against touch in psychotherapy justified? Is ethical touch an oxymoron? Can the recovery process be complete without healing touch? Mental health professionals are entrusted with the awesome responsibility of providing appropriate treatment for clients in a safe environment that nurtures trust, a necessary ingredient for optimum movement through the therapeutic process. Though treatment approaches vary, most modalities are verbally based and, in theory, exclude physical contact. Fearing that any form of touch would likely lead to sexual feelings or interaction, clinicians tend to s
