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the self / / John H. Harvey

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Nota di bibliografia Includes bibliographical references (p. 299-312) and index.

Nota di contenuto Cover; Contents; Acknowledgments; Chapter 1 - Introduction to the

Study of Loss and Trauma; A Social-Psychological Approach;

Definitions; Nuances of Defining Major Losses; An Extensive Literature; Emphasizing People's Construction of Meaning; Contextualization of Loss Experiences; The Experience of a ""Pileup"" of Losses; A Set of Basic Ideas; Trauma: Conceptual Background; ""Missing"" Something: A Central Experience in Loss and Trauma; Conclusions: Emphasis on Basic Principles; Chapter 2 - Losing Loved Ones to Death; The Death of Loved

Ones; A Survey of the Bereavement Literature

Diverse Grief ResponsesThe Death of a Child; The Death of a Spouse or Significant Other; The Death of a Parent; A Child's Grief; Relevance of Basic Ideas; Chapter 3 - Dissolution and Divorce; A Culture of Divorce; Changing Mores: A Fading Stigma; Defining an Emotional Divorce;

Nonmarital Dissolution Versus Divorce; When Deteriorated

Relationships do Not End; Moving toward Dissolution; Entertaining

Uncertainty about Causality; Gottman's Analysis of Dissolution; The Process of Disaffection; Vaughan's Analysis of the Progression toward Termination; Who is Most or Least Distressed?; Infidelity
The Aftermath of Divorce: Staying SingleDeciding to Remarry; Health; Vivid Memories of Loves Gone by; The Effects on Children; Wallerstein's ""Unexpected Legacy"" Argument; Conclusion: The Future of Divorce and Dissolution; Chapter 4 - Loss Due to Illness and Injury; Chronic Pain, Illness, and Disability; Losses Associated with Accidents and Diseases in Early and Midlife; Losses Related to Major Accidents; ""Marking"" Persons Who are Chronically Ill or Disabled; Aging and the Loss of Health; Caregivers; Courage in Dealing with Loss Due to Injury or Disease; Conclusions
Chapter 5 - Unemployment and HomelessnessLoss of Employment;

Other Work-Related Loss Issues: The Impoverished and the Homeless: Conclusions: Chapter 6 - Suicide: The Pervasiveness of Suicide: Historical Notes; A Cry for Help; What to do if Confronted with a Friend's Thoughts of Suicide; Contemporary Issues in Suicide; Meanings of Suicide; Etiology: ""Psychache"" and Depressed Anguish; Etiology: The Biological Case; The Dynamics of Suicide: Clues to Intentions; Suicide and the Elderly; Suicide and Mental Illness; Myths about Suicide; Rational Suicide: Coping with the Suicide of a Loved One The Internet and Support GroupsConclusions: Legacies; Chapter 7 -Life Span Losses and Aging; The Normality of Frequent Life Span Losses; Is Aging Just about Loss?; Themes in Life Review; The Experience of Aging; Selective Review of Loss-Related Aging Evidence; Bereavement and Aging; The Dialectic of Loss and the Quest for Romance in the Golden Years: Stigmatization and the Elderly: The Loss of Health, Hope, and Meaning: Life's Final Season: Going out with Pride and Dignity; Finding Will and Hope Despite the Frequency of Loss; Chapter 8 - Violence and War The Basic Literature on Violence and Aggression

## Sommario/riassunto

Written in consideration of cross-cultural, international perspectives on loss, Perspectives on Loss and Trauma discusses relevant therapy approaches and emphasizes a story-telling approach to coping with major loss. It concludes with chapters on therapy and personal adjustment to loss, providing immediate applicability to counselors, therapists, social workers, and other human service professionals.