

1. Record Nr.	UNINA9910480389503321
Autore	Krishnamurti Jiddu
Titolo	Krishnamurti esencial [[electronic resource]]
Pubbl/distr/stampa	Chicago, : Editorial Kairos, 2011
ISBN	84-7245-783-4
Descrizione fisica	1 online resource (155 p.)
Disciplina	181
Soggetti	Liberty Electronic books.
Lingua di pubblicazione	Spagnolo
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Cubierta; Portada; Creditos; Sumario; Introduccion; 1. La vida es lo que esta sucediendo en este instante; 2. ¿Que queremos?; 3. El pleno significado de la muerte; 4. Comprender lo que es el amor; 5. Las tres artes en nuestra vida diaria; 6. Poner los cimientos de la meditacion; 7. El arte de vivir; 8. Estar por completo libre del miedo; 9. Despertar enormemente todos los sentidos; 10. Amor, libertad, bondad y belleza son uno; 11. La bendicion de la meditacion; 12. La vida se convierte en algo maravilloso; 13. El arte de morir; 14. El ver es la unica verdad; 15. Una vida sin sombra de control 16. ¿Existe algo que sea sagrado?17. Aquello que es eterno; Fundaciones; Contra
Sommario/riassunto	The fundamental principle at the heart of all of Jiddu Krishnamurti's teachings, and the one he expounded in his lectures and writings, was that each person should find for herself the path to her own liberty. In the lectures here gathered, the spiritual teacher delves deeper still into this message, proposing a way of living completely different to the norm. Krishnamurti invites readers to observe with clarity and discernment?that is to say, without the conditioning factors of the mind or of language?the motives behind their actions, desir