

1. Record Nr.	UNINA9910480375003321
Autore	Zunker Vernon G. <1927->
Titolo	Career, work, and mental health [[electronic resource]] : integrating career and personal counseling // Vernon Zunker
Pubbl/distr/stampa	Los Angeles, [Calif.], : SAGE, c2008
ISBN	1-4129-6424-5 1-4833-0203-2 1-4522-7508-4
Descrizione fisica	1 online resource (289 p.)
Disciplina	658.3/14 658.314
Soggetti	Vocational guidance - Psychological aspects Work - Psychological aspects Mental health Counseling psychology Psychology, Industrial Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 245-258) and indexes.
Nota di contenuto	Cover; Brief Contents; Detailed Contents; Preface; PART I: Career Counseling Perspectives; 1 - Introduction; 2 - Career Development Theories: An Overview; 3 - Career Counseling Practices; 4 - Constraints Affecting Career Choice and Development; 5 - Career Choice and Development and the Changing Nature of Work; PART II: Mental Health Issues and Solutions; 6 - Depression and Its Impact on Career Development; 7 - Other Mental Health Issues and Career Concerns; 8 - Cultural Diversity Dimensions; 9 - Personality Development and Disorders and Their Effect on Career 10 - Assessing Personality Development Through Personality Inventories 11 - Work Stress; 12 - Interventions and Case Studies; Appendix A: Acculturation Scales; References; Name Index; Subject Index; About the Author
Sommario/riassunto	This text integrates career counselling/development with mental health

counselling. The book builds on the growing recognition that career counselling cannot be viewed in isolation of mental health issues, an individual needs to be viewed as a whole person whose psyche and mental health are delicately intertwined.
