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Titolo	Handbook of contemporary psychotherapy [[electronic resource]] : toward an improved understanding of effective psychotherapy // William O'Donohue, Steven R. Graybar, editors
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Nota di contenuto	Cover; Contents; Preface; Introduction: Where Science Meets Practice; Chapter 1 - The Scientist Practitioner and Dynamic Constructs; Chapter 2 - The (Dramatic) Process of Psychotherapy; Chapter 3 - Clinical Practice and the Issue of Repressed Memories: Avoiding an Ice Patch on the Slippery Slope; Chapter 4 - Theory and Methods for Studying the Influence of Unconscious Processes: Illustrations From Attachment and Terror Management Research; Chapter 5 - Mediation, Ego, and I: Who, Exactly, Is in Conflict?; Chapter 6 - Family Influences and Ecological Context Chapter 7 - A Psychoanalytic Understanding of the Death Instinct: Problems in Receiving the Good ObjectChapter 8 - Countertransference: A Foundation of Psychotherapy; Chapter 9 - Projective Identification; Chapter 10 - Mindfulness: Being Mindful in Psychotherapy; Chapter 11 - The Science of Forgiveness; Chapter 12 - Dream-Work in Psychotherapy: A Narrative, Commonsense Approach; Chapter 13 - Shame; Chapter 14 - Treatment of Clients Who Are Struggling With Depression; Chapter 15 - Therapeutic Boundaries and

Effective Therapy: Exploring the Relationships

Chapter 16 - Terminating Psychotherapy Therapeutically Author Index; Subject Index; About the Editors; About the Contributors

Sommario/riassunto

Written by leading clinical authorities, this text comprehensively describes the key constructs and key skills involved in the craft of psychotherapy.