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| Autore                  | Duran Carmen                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| Soggetti                | Deadly sins -- Psychology<br>Enneagram -- Social aspects<br>Enneagram<br>Electronic books.                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Sommario/riassunto      | With the Enneagram as its foundation, this examination describes the nine different personality types distinguished by this ancient Sufi teaching and demonstrates how each individual possesses one dominant type that determines his way of feeling about and perceiving the world. More than simply providing an analytic description of each character type, however, this guide shows how the Enneagram itself proposes antidotes to the shortcomings of each personality type. These antidotes lead to greater freedom and increased creativity and spontaneity wh |